

Creating a Respectful Workplace

Crew and AdvanceRIT: Effective Mentoring

MENTOR BEST PRACTICES

- Get to know your mentee
- Establish working agreements
- Focus on developing robust learning goals
- Balance talking and listening
- Ask questions rather than give answers
- Engage in meaningful and authentic conversation
- Check out assumptions and hunches on how mentoring is going
- Support and challenge your mentee
- Set the expectation of two-way feedback
- Check in regularly to stay on track

MENTEE BEST PRACTICES

- Expect to drive the mentoring relationship
- Create SMART goals that will contribute to your development
- Be authentic, open and honest
- Prepare for all mentoring meetings
- Stay connected and in communication with your mentor
- Be willing to stretch and step out of your comfort zone
- Ask for specific feedback
- Focus on your future development
- Keep a journal

(Center for Mentoring Excellence)

GETTING STARTED...

- 1. Get to know each other. Some fun questions to answer...
 - What are 3 personal values you hold and why are they important to you?
 - What is something that makes you smile at work?
 - What do you love about your job? What do you love about RIT?
- 2. Share positive mentoring experiences and why they were helpful.
- 3. Discuss and agree upon ground rules (confidentiality, duration, process for feedback, cancellation expectations...etc.)
- 4. Brainstorm, list, and prioritize mentee's goals.
- 5. Decide on next meeting date and location.