

Pregnancy and Lactation Resource Guide for Students

Are you pregnant or recovering from
childbirth or termination of pregnancy?
You have options and resources at RIT.

We're here to help.
www.rit.edu/titleix



Requesting Adjustments

What is an adjustment?

Adjustments are modifications put in place to remove existing barriers for students with disabilities, which can be temporary or permanent, and can benefit pregnant people, those who have terminated or lost a pregnancy, and those who are recovering from childbirth.

Adjustments can apply to the **academic, co-curricular, and/or residential environment** at RIT and are determined based on the individual needs of a student. The RIT Disability Services Office ("DSO") employs an interactive, student-centered process to determine and approve Reasonable Adjustments.

Additional information is on the DSO website: www.rit.edu/dso

Reasonable Adjustments:

Must be honored once approved by the Disability

- Services Office (and, in the academic environment, once they have been formally requested by the student via my DSO)
- Are not retroactive and only apply from the date on which they are approved by the Disabilities Services Office. (Applying as early as you can is a good idea!)
- Are a civil right per the Americans with Disabilities Act (as amended in 2008), Section 504 of the Rehabilitation Act of 1973, and Title IX.

Reasonable adjustments are determined on an individualized basis.

Disability Services Office

- Contact Disability Services Office (DSO). The process is the same for requesting adjustments for other temporary medical conditions or disabilities. DSO is the first floor of the Student Alumni Union across from the cafeteria.

Title IX Office

- Contact the Title IX Office to answer any questions and to point you in the right direction. We are on the 6th Floor Eastman Hall.



FAQ

RIT prohibits discrimination, harassment, and retaliation of all types on campus or at any RIT activities off campus, by its administrators, faculty, staff, students and student organizations, external organizations and individuals in their operations with RIT.

RIT will not discriminate in terms of conditions of employment, admission, and participation in programs or residential life.



What resources are available to students?

- > Student Health Center
- > Counseling and Psychological Services (CaPS)
- > RIT Case Management

Where are lactation rooms on campus?

- > Hale Andrews Life Center 2001
- > Lyndon Baines Johnson 3228
- > Student Alumni Union A453
- > Sustainability 2138

Title IX Coordinator

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Disability Services Office

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www.rit.edu/dso



Steps To Request Adjustments

If you are pregnant, recovering from childbirth, loss of a pregnancy, or termination of pregnancy, here are some options to consider.

Determine if you would like to request a change to your schedule, adjustments through DSO, or request additional time to complete a course.

There are several options a student may want to review when considering their course load. These may include a **reduction in course load, additional time to complete a course or other academic requirements, or stepping away from the university for a period of time.**

Students should **meet with their academic advisor or program director** to review options and how they may impact their plan of study before making any decision.

Additionally, students should **consult with the Office of Financial Aid** before pursuing course withdrawal, Leave of Absence or University Withdrawal. Withdrawals and leaves may impact financial aid, Veteran's benefits, etc. Students seeking a term withdrawal may be eligible for a tuition refund.

Please review RIT's tuition refund schedule and contact the Office of Financial Aid for more for information.



After meeting with an academic advisor or program director, a student may wish to remain enrolled in their courses or request an incomplete in a course. The student will need to work with the individual instructor for each course where an incomplete is being requested.

Eligibility for an incomplete may depend on a student's academic standing in the course and the percentage of work that has been completed at the time of the request. If approved, the instructor will advise the student of the due date for all remaining coursework. An incomplete cannot exceed two terms, including summer, before a grade of F will be automatically assigned.

