

MENU

2024 CACF

June



Cold Meal

VEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	3 Mija's Pizza Quesadilla	4 Turkey Ham on Bagel	5 Classic Chicken Caesar Wrap	6 Turkey Sub	BBQ Chicken & Mac Plat
	WW Tortilla*	WGR Bagel*	WW Tortilla*	WGR Bun*	WGR Pasta*
	Sliced Cuccumbers	Carrot Ranch Salad	Grape Tomatoes	Black Bean & Corn Salad	Grape Tomatoes
	Tropical Fruit Cup	Orange	Banana	Apple	Apple
	1% Milk	1% Milk	1% Milk	1% Milk	1% Milk
3	Tomato Sauce				
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	10 Cajun Chicken Salad	11	12	13 Garden Pesto Chicken	-
	Sandwich	Roasted Turkey Sandwich	Zingy Chicken Fajita Wrap	Wrap	Roast Beef Quesadilla
	WGR Bun*	Whole Wheat Bread*	Whole Wheat Tortilla*	Whole Wheat Tortilla*	Whole Wheat Tortilla
	Carrots	Sliced Cucumbers	Grape Tomatoes	Broccoli	Black-eyed Pea Salad
	Diced Pear Cup	Orange	Banana	Pineapple Tidbits	Apple
	1% Milk	1% Milk	1% Milk	1% Milk/Fat Free Chocolate Milk	1% Milk
1					
	MONDAY	TUESDAY 18	WEDNESDAY 19	THURSDAY 20	FRIDAY
	Caprese Chicken Quesadilla	Build Your Own Pizza	19	Jerk Chicken Salad	Taco Pasta Salad (Chicke and Cheddar Cheese)
				Sandwich	and Cheddar Cheese)
	Whole Wheat Tortilla*	WGR Flatbread*	Foodlink	Whole Grain Bun*	Whole Wheat Rotini*
		WGR Flatbread* Sliced Cucumbers	Foodlink Closed	Whole Grain Bun* Garden Salad	
	Baby Carrots	Sliced Cucumbers		Garden Salad	Tomato, Peppers & Co
				Garden Salad Apple 1% Milk/Fat Free Chocolate	
i	Baby Carrots Applesauce 1% Milk	Sliced Cucumbers Orange 1% Milk	Closed	Garden Salad Apple 1% Milk/Fat Free Chocolate Milk	Tomato, Peppers & Co Pineapple Tidbits 1% Milk
5	Baby Carrots Applesauce 1% Milk MONDAY	Sliced Cucumbers Orange 1% Milk TUESDAY	Closed WEDNESDAY	Garden Salad Apple 1% Milk/Fat Free Chocolate Milk THURSDAY	Tomato, Peppers & Co Pineapple Tidbits 1% Milk FRIDAY
5	Baby Carrots Applesauce 1% Milk	Sliced Cucumbers Orange 1% Milk	Closed WEDNESDAY 26 Build Your Own Pizza	Garden Salad Apple 1% Milk/Fat Free Chocolate Milk	Tomato, Peppers & Co Pineapple Tidbits 1% Milk FRIDAY
	Baby Carrots Applesauce 1% Milk MONDAY 24	Sliced Cucumbers Orange 1% Milk TUESDAY	Closed WEDNESDAY	Garden Salad Apple 1% Milk/Fat Free Chocolate Milk THURSDAY 27	Tomato, Peppers & Co Pineapple Tidbits 1% Milk FRIDAY
	Baby Carrots Applesauce 1% Milk MONDAY 24 Turkey Sandwich	Sliced Cucumbers Orange 1% Milk TUESDAY 25 Jerk Chicken & Salad	Closed WEDNESDAY 26 Build Your Own Pizza (Mozzerella Cheese)	Garden Salad Apple 1% Milk/Fat Free Chocolate Milk THURSDAY 27 Chicken Salad Sandwich	Tomato, Peppers & Co Pineapple Tidbits 1% Milk FRIDAY Turkey Sub
5	Baby Carrots Applesauce 1% Milk MONDAY 24 Turkey Sandwich WGR Bun*	Sliced Cucumbers Orange 1% Milk TUESDAY 25 Jerk Chicken & Salad Whole Wheat Roll*	Closed WEDNESDAY 26 Build Your Own Pizza (Mozzerella Cheese) WGR Flatbread*	Garden Salad Apple 1% Milk/Fat Free Chocolate Milk THURSDAY 27 Chicken Salad Sandwich Whole Grain Bun*	Tomato, Peppers & Co Pineapple Tidbits 1% Milk FRIDAY Turkey Sub Whole Grain Bun*
5	Baby Carrots Applesauce 1% Milk MONDAY 24 Turkey Sandwich WGR Bun* Baby Carrots	Sliced Cucumbers Orange 1% Milk TUESDAY 25 Jerk Chicken & Salad Whole Wheat Roll* Romaine	WEDNESDAY 26 Build Your Own Pizza (Mozzerella Cheese) WGR Flatbread* Sliced Cucumber	Garden Salad Apple 1% Milk/Fat Free Chocolate Milk THURSDAY 27 Chicken Salad Sandwich Whole Grain Bun* Grape Tomatoes Apple 1% Milk/Fat Free Chocolate	Tomato, Peppers & Co Pineapple Tidbits 1% Milk FRIDAY Turkey Sub Whole Grain Bun* Broccoli
5	Baby Carrots Applesauce 1% Milk MONDAY 24 Turkey Sandwich WGR Bun* Baby Carrots Diced Peach Cup	Sliced Cucumbers Orange 1% Milk TUESDAY 25 Jerk Chicken & Salad Whole Wheat Roll* Romaine Orange	WEDNESDAY 26 Build Your Own Pizza (Mozzerella Cheese) WGR Flatbread* Sliced Cucumber Banana	Garden Salad Apple 1% Milk/Fat Free Chocolate Milk THURSDAY 27 Chicken Salad Sandwich Whole Grain Bun* Grape Tomatoes Apple	Tomato, Peppers & Co. Pineapple Tidbits 1% Milk FRIDAY Turkey Sub Whole Grain Bun* Broccoli Apple