



October 2024 CACFP



MENU

Hot Meal

WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1	2	3	4
		Cheeseburger Sliders* WGR Bun* BBQ Home Fries Orange 1% Milk	Chicken Teriyaki WGR Fried Rice* Peppers, Peas, Carrots Banana 1% Milk	Buffalo Chicken Mac & Cheese* WGR Pasta* Broccoli Apple 1% Milk/Fat Free Chocolate Milk	Braised Chicken Thighs Spanish Rice and Beans* Kidney Beans, Tomato in Rice Apple 1% Milk
2					
	7	8	9	10	11
	White Chicken Chili WGR Biscuit* Corn, Beans, Peppers Tropical Fruit Cup 1% Milk	Pizza Biscuit w/ Chicken Sausage WGR Biscuit* Baby Carrots Orange 1% Milk	Smothered Steakburger WGR Roll* Corn Banana 1% Milk	Breakfast Casserole w/ Eggs & Turkey Sausage WGR Biscuit* Homefries Apple 1% Milk/Fat Free Chocolate Milk	Hearty Chicken & Potato Stew WGR Biscuit* Lima Beans, Carrots & Potatoes in Stew Apple 1% Milk
3					
	14	15	16	17	18
	Foodlink Closed Holiday	Rasta Pasta (Chicken) WGR Penne Pasta* Tomato Sauce, Diced Tomatoes, Peppers Orange 1% Milk	Pulled BBQ Beef WGR Bun* Corn Banana 1% Milk	Southwest Chicken WGR Rice* Corn, Peppers, Diced Tomato Apple 1% Milk/Fat Free Chocolate Milk	Mac & Cheese WGR Pasta* Green Salad Apple 1% Milk
4					
	21	22	23	24	25
	Pasta Bolognese (Ground Beef) WGR Pasta* Baby Carrots Apple Sauce Cup 1% Milk	Arroz Con Pollo (Chicken Thighs) WGR Rice* Green Beans, Carrots, Peas Orange 1% Milk	Philly Cheese Steak (Beef) WGR Bun* Peppers, Mushrooms Banana 1% Milk	Chicken Parmesan Pasta WGR Pasta* Green Salad Apple 1% Milk/Fat Free Chocolate Milk	Italian Chicken WGR Rice* Spinach, Red Peppers Apple 1% Milk
5					
	28	29	30	31	
	Sloppy Joe w/ Ground Beef WGR Bun* Baby Carrots Diced Peaches 1% Milk	Penne & Meatballs (Beef) WGR Pasta* Green Salad Orange 1% Milk Ranch Dressing	Chicken Fajita WGR Rice* Mixed Peppers, Onions Banana 1% Milk	Chicken Broccoli Alfredo WGR Pasta* Broccoli Apple 1% Milk	
6					

