

FATHERHOOD FORUM '85



**Friday Evening, June 14th
7:30 p.m.**

Miramar Sheraton Hotel, Santa Monica

**Saturday, June 15th
8:00 a.m. to 4:00 p.m.
Santa Monica College**

LOS ANGELES SPONSOR:
SOUTHERN CALIFORNIA ASSOCIATION FOR THE EDUCATION OF YOUNG CHILDREN
A NON-PROFIT ORGANIZATION

FOR INFORMATION, CONTACT:
RICK PORTER (213) 376-8087

FATHERHOOD FORUM 1985

Friday Evening, June 14th

7:30 p.m.

Miramar Sheraton Hotel

101 Wilshire Boulevard, Santa Monica

Hors d'oeuvres - No Host Bar - Entertainment

FEATURING

Peter Alsop

An energetic and funny songwriter/guitarist/actor presenting music about the human condition.

RECOGNIZING THESE FATHERS

Lou Ferrigno

Former Mr. Universe
T.V. Actor, "The Incredible Hulk"

Reuben Pannor

Director of Community Services
Vista del Mar Child Care Services

Bring friends, spouses and partners

\$20.00

Saturday, June 15th

Santa Monica College

Workshops - Luncheon - Parade - "New Games"

SCHEDULE

- 8:00 to 9:00 a.m. Registration
- 9:00 to 9:30 a.m. Opening
- 9:45 to 11:00 a.m. Workshop I
- 11:15 to 12:30 p.m. Workshop II
- 12:45 to 1:30 p.m. Lunch and Exhibits
- 1:30 to 2:00 p.m. Father's Day Parade To Park
- 1:30 to 3:00 a.m. Informal Sessions With Workshop Leaders For Those Not Attending Park Activities
- 2:00 to 4:00 a.m. "New Games" For Adults and Children

Child care available 9:00 a.m. to 12:45 p.m.

All day including lunch

\$20.00

WORKSHOPS

Key: F - Focus on Fathers M - Focus on Mothers C - Focus on Couples P - Focus on Professionals

SESSION I WORKSHOPS

9:45 a.m. to 11:00 a.m.

1. **MY FATHER, MY SELF (F)**
Explores how our identities as men have been shaped by our fathers. How our fathers served as role models for our current relationships.
Jeff Beane, MFCC, Chair, National Organization of Changing Men
2. **PREGNANT FATHERS (F)**
Having a new baby is exciting and can be intimidating. Provides a chance to discuss spousal relationships, sex, work and the coming baby.
Jack Heinowitz, Ph.D., Author of "Pregnant Father"
3. **FINDING TIME FOR FATHERING (F)**
Learn to use well the time you have by including your children in your work, setting limits with love and learning how to play.
Mitch Galant, Ph.D., Clinical Psychologist
4. **DADS AT WORK AND WORKING AS DADS (F)**
Dads from "executives" to "blue collar" struggle to get fathering and working to mesh. Discuss tips for balancing the demands of work and family.
Judith Brunk, Director, Hill an' Dale Family Learning Center at Colorado Place
James Machado, Comptroller, Hughes Aircraft
Jim McGuire, LCSW, Didi Hirsch Community Mental Health Center
Roland Saher, MA, MFCC Private Practice

SESSION II WORKSHOPS

11:15 a.m. to 12:30 p.m.

1. **MY FATHER, MY SELF (F)**
See Session I
2. **MY FATHER, MY SELF (M)**
An opportunity for mothers to see how their identities as women and parents have been shaped by their fathers.
Stacy Dalgleish, MA, MFCC, Private Practice
3. **SETTING LIMITS WITH LOVE (F, M)**
Strategies for effective discipline with young children.
Linda Bernstein, MA, MFCC, Children's Services L.A. County, Private Practice
4. **FOSTERING HEALTHY WARMTH AND CLOSENESS WITH YOUNG CHILDREN (F, M)**
With so much emphasis on child abuse and molestation these days, fathers may feel fearful of touching their children and encouraging closeness. Find out how to foster warmth and closeness in healthy and appropriate ways.
Roland Saher, MA, MFCC
5. **FINDING TIME FOR FATHERING (F)**
See Session I
6. **THE CHILD INSIDE OF YOU (F)**
Looking at the child in you in relationship to your dealings with your own child.
Stephen Tobin, Ph.D., Psychologist
7. **ROUGHHOUSING (F, M, C)**
Fathers can and do play differently with their children than do mothers. Learn what roughhousing means, and when and how to roughhouse appropriately. Learn about the positive effects it can have on your child.
Rick Porter, Lamaze Instructor, Director, Rainbow River Child Care Center
8. **COUPLES WORKING TOGETHER (F, M, C)**
See Session I
9. **FATHERING AFTER DIVORCE TO THE BENEFIT OF THE CHILD (F, P)**
The importance of continued involvement post divorce.
Charles Hoffman, Ph.D., Professor and Department Chair of Psychology, California State University, San Bernardino
Edward Teyber, Ph.D., Associate Professor of Psychology
10. **YOUR YOUNG CHILD, AN OWNER'S MANUAL (F, M)**
Learn how to sail smoothly through the trials and tribulations of your child's first three years.
Harvey Neil Karp, M.D., FAAP, Private Practice
11. **INFANT MASSAGE (F, M, C)**
Enhance bonding and create a loving relationship with your young baby through massage.
Iqbal Maung, MA, MFCC, Center for Counseling and Psychotherapy, Santa Monica
12. **DADS AT WORK AND WORKING AS DADS (F)**
See Session I
13. **SCIENCE AS MAGIC (F, M, C)**
See Session I
14. **THE ART OF PHOTOGRAPHING YOUR CHILD (F, M, C)**
How to take photographs of your child that are both meaningful and revealing without being a professional photographer.
Leigh A. Weiner, Photographer, "Talk About Pictures" TV Show, Author of "How Do You Photograph People"
15. **SPECIAL ACTIVITIES WITH CHILDREN (F, M, C)**
See Session I
16. **COMPUTERS AND KIDS (F, M, C)**
Computers will continue to be a basic part of our children's world. Do computers help children learn?
Pat Gardner, MA, Professor of Child Development, S.M.C.
17. **FATHERING GROUPS (F)**
A look at the many groups offered for fathers today from consciousness raising to parent education. What goes on in a group, and how do you find one?
Jane Byson, Thaliens Community Mental Health Center
Gerald Chiters, M.D., Terry Kaplan, Parent Education Specialist, Creator of "Joys of Fathering"
Jeffery Marsh, Ph.D., Educator, Consultant, Private Practitioner
Kit Kehr and James Kehr, UCLA Intervention Program's Father's Group
18. **TRANSITION TO FATHERHOOD (F, M, C)**
From conception through birth, a discussion of the change in expectant fathers and the changes in couples' relationships.
Bruce R. Brodie, Ph.D., Clinical Psychologist.

SESSION I WORKSHOPS (continued)

5. FATHERS AS HOMEMAKERS (F)

Discusses issues of men who work part or full time as homemakers. Exercises to explore issues of expanded parenting for men.

Stephen Thomas, MS, Full time homemaker

6. MOTHERS - MAKING ROOM FOR FATHERS (M)

How mothers can help fathers be better parents. A discussion of cooperative parenting skills geared for mothers.

**Madeline Leiber, MA,
Child Development Specialist
Janis Lubin Minton, MA,
Child Development Specialist**

7. MOTHERS AND FATHERS WORKING AS A TEAM (F, M, C)

How to avoid the unconscious ways that parents often sabotage each others efforts in raising young children.

**Bonnie L. Geary, MA
Thomas F. Geary, Ph.D.,
Clinical Psychologist, Private Practice**

8. HOW TO STOP THE BATTLE WITH YOUR CHILD (F, M)

Strategies for getting your young child to listen without a constant battle.

**Don Fleming, LCSW, Ph.D., Author,
Coordinator of the Julia Ann Singer Center**

9. DISCIPLINE FOR PARENTS OF TEENS (F, M, C)

The adolescent years bring their own set of discipline problems. Learn how to make these years easier and better.

Lawrence H. Zaiden, Ph.D., Private Practice

10. STEPFATHERING (F)

A focus on the ways in which stepfathers can enhance their relationships with family members by exploring problem solving strategies.

**Michael L. Bollini, Ph.D.,
Clinical Psychologist,
Member Stepfamily Association of America**

11. FATHERS WHO ARE GAY (F)

Special people, special problems. Addressing the questions and needs of gay fathers.

**Don Harrelson,
Gay Fathers Coalition International**

12. SINGLE FATHERS (F)

Addresses the needs of fathers who are raising their children without a second parent in the home.

**Ralph Carleton Cole,
Parents Without Partners,
Santa Monica Chapter**

13. SCIENCE AS MAGIC (F, M, C)

Learn how to teach your child about science, nature and the world.

**Nina Kleinberg, R.N.,
Certified Nurse Midwife
Gloria Hoekzema, M.Ed.,
L.A. Unified School District**

**14. SEXUAL MOLESTATION AND ABUSE -
PROTECTING YOUR CHILD (F, M, C)**

Overview of sexual molestation myths and facts. Specific information on child sexual abuse prevention, indications of molestation and what to do if you learn that your child has been molested.

**Fred Sassoon, LCSW,
Child Sexual Abuse Project, DPSS**

15. CHILDREN'S GYM (F, M, C)

Activities for infants, toddlers and preschoolers. Learn techniques including songs, games and manipulative skills used in a movement program.

**Dave Rabb, Owner,
Dave Rabb's Gyms for Children, Inc.**

16. SPECIAL ACTIVITIES WITH CHILDREN (F, M, C)

An ongoing session held in the child care room. Parents can interact with their own and other children in songs, games and craft projects. Arts and crafts produced will be used and exhibited in the Father's Day Parade.

**Mary Mortensen, Lead Teacher,
Hill an' Dale Family Learning Center,
Colorado Place**

17. NEW GAMES (F, M)

Discussion with international New Games trained on styles of healthy competition, activities and fun.

**Allen Feld,
International New Games Trainer**

18. FATHERING GROUPS (P)

Groups for fathers come in many shapes and sizes. Learn about the varieties and methods for setting up different types of groups. Topics will include recruiting target populations, publicity, funding and curriculum.

**Jane Byson,
Thalians Community Mental Health Center
Gerald Chitters, M.D.
Terry Kaplan, Parent Education Specialist,
Creator of "Joys of Fathering"
Kit Kehr and James Kehr,
UCLA Intervention Program's Father's Group**

CHILD CARE

9:00 a.m. to 12:45 p.m.

Limited Free Child Care By Pre-registration Only
With Hill an' Dale Family Learning Center at Santa Monica College

LUNCH AND EXHIBITS

12:45 p.m. to 1:30 p.m.

Lunch is provided for Registered Participants
Child's Lunch must be pre-registered.

Exhibits will be on display during Lunch.

FATHER'S DAY PARADE

1:30 p.m. to 2:00 p.m.

Enjoy the Fun, Balloons, and Childrens' Arts and Crafts
As All Parade to the Park
For Exciting Large Group Activities

"New Games"

2:00 to 4:00 p.m.

An Afternoon of Games, Sports, and activities
for the whole family.
Everyone invited.

ALLEN FELD, International New Games Trainer

REGISTRATION

Name _____ Phone (day) _____ (evening) _____

Address _____

City _____ State _____ Zip _____

Friday Evening Celebration

Saturday Workshops and Activities

Session I 1st choice _____ 2nd choice _____ 3rd choice _____

Session II 1st choice _____ 2nd choice _____ 3rd choice _____

Saturday Child Care Children's ages _____

(MUST PRE-REGISTER FOR CHILD CARE)

Friday at \$20.00 per person _____

Saturday at \$20.00 per person _____

Child's Lunch, Saturday, at \$5.00 per child _____

**Make checks payable to SCAEYC and mail to
MARTHA BILL**

4944 Pacific Coast Highway, Torrance, CA 90505

Forum Coordinator

Rick Porter

Program Committee

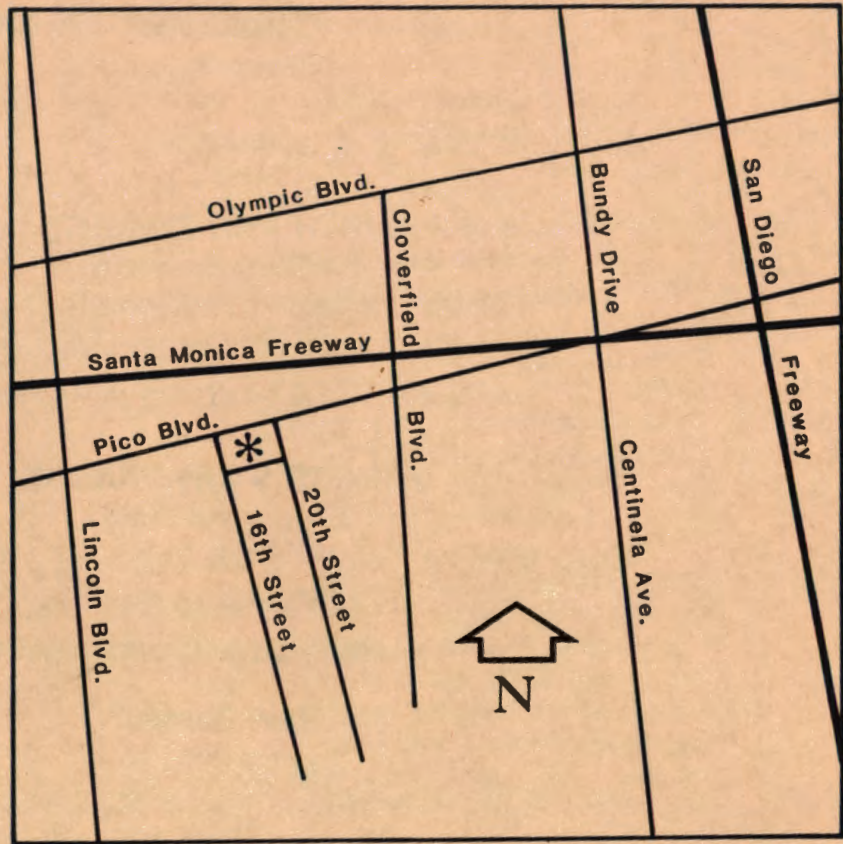
Stacy Dalglish, M.A.
Mitch Galant, Ph.D.
Terry Kaplan
Madeleine Lieber, M.A.
Jeffrey Marsh, Ph.D.
Mary Mortensen
Bruce Patchman, B.Ph.
Roland Saher, M.A.

Public Relations Committee

Jeffrey Beane, M.S.
Jack Bierman
Harvey N. Karp, M.D.
James Kehr, M.A.
Kit Kehr
Jim McGuire, LCSW

Sponsor Representatives

Martha Bill, M.A.
Sam Kirk, SCAEYC Executive Board



FATHERHOOD FORUM

MARTHA BILL, M.A., SCAEYC BOARD MEMBER
4944 Pacific Coast Highway, Torrance, CA 90505