

# FATHERHOOD FORUM '85



**Friday Evening, June 14th**  
**7:30 p.m.**  
**Miramar Sheraton Hotel, Santa Monica**

**Saturday, June 15th**  
**8:00 a.m. to 4:00 p.m.**  
**Santa Monica College**

**LOS ANGELES SPONSOR:**  
SOUTHERN CALIFORNIA ASSOCIATION FOR THE EDUCATION OF YOUNG CHILDREN  
A NON-PROFIT ORGANIZATION

**FOR INFORMATION, CONTACT:**  
RICK PORTER (213) 376-8087



# FATHERHOOD FORUM 1985

# SESSION II

11:15 a.m.

Friday Evening, June 14th

7:30 p.m.

Miramar Sheraton Hotel  
101 Wilshire Boulevard, Santa Monica

Hors d'oeuvres - No Host Bar - Entertainment

## FEATURING

### Peter Alsop

An energetic and funny songwriter/guitarist/actor presenting music about the human condition.

## RECOGNIZING THESE FATHERS

### Lou Ferrigno

Former Mr. Universe  
T.V. Actor, "The Incredible Hulk"

### Reuben Pannor

Director of Community Services  
Vista del Mar Child Care Services

Bring friends, spouses and partners

\$20.00

Saturday, June 15th

Santa Monica College

Workshops - Luncheon - Parade - "New Games"

## SCHEDULE

- 8:00 to 9:00 a.m. Registration
- 9:00 to 9:30 a.m. Opening
- 9:45 to 11:00 a.m. Workshop I
- 11:15 to 12:30 p.m. Workshop II
- 12:45 to 1:30 p.m. Lunch and Exhibits
- 1:30 to 2:00 p.m. Father's Day Parade To Park
- 1:30 to 3:00 a.m. Informal Sessions With Workshop Leaders For Those Not Attending Park Activities
- 2:00 to 4:00 a.m. "New Games" For Adults and Children

Child care available 9:00 a.m. to 12:45 p.m.

All day including lunch

\$20.00

1. **MY FATHER, MY SELF (F)**  
See Session I
2. **MY FATHER, MY SELF (M)**  
An opportunity for mothers to see how their identities as women and parents have been shaped by their fathers.  
**Stacy Dagleish, MA, MFCC, Private Practice**
3. **SETTING LIMITS WITH LOVE (F, M)**  
Strategies for effective discipline with young children.  
**Linda Bernstein, MA, MFCC, Children's Services L.A. County, Private Practice**
4. **FOSTERING HEALTHY WARMTH AND CLOSENESS WITH YOUNG CHILDREN (F, M)**  
With so much emphasis on child abuse and molestation these days, fathers may feel fearful of touching their children and encouraging closeness. Find out how to foster warmth and closeness in healthy and appropriate ways.  
**Roland Saher, MA, MFCC**
5. **FINDING TIME FOR FATHERING (F)**  
See Session I
6. **THE CHILD INSIDE OF YOU (F)**  
Looking at the child in you in relationship to your dealings with your own child.  
**Stephen Tobin, Ph.D., Psychologist**
7. **ROUGHHOUSING (F, M, C)**  
Fathers can and do play differently with their children than do mothers. Learn what roughhousing means, and when and how to roughhouse appropriately. Learn about the positive effects it can have on your child.  
**Rick Porter, Lamaze Instructor, Director, Rainbow River Child Care Center**
8. **COUPLES WORKING TOGETHER (F, M, C)**  
See Session I
9. **FATHERING AFTER DIVORCE TO THE BENEFIT OF THE CHILD (F, P)**  
The importance of continued involvement post divorce.  
**Charles Hoffman, Ph.D., Professor and Department Chair of Psychology, California State University, San Bernardino**  
**Edward Teyber, Ph.D., Associate Professor of Psychology**
10. **YOUR YOUNG CHILD, AN OWNER'S MANUAL (F, M)**  
Learn how to sail smoothly through the trials and tribulations of your child's first three years.  
**Harvey Neil Karp, M.D., FAAP, Private Practice**

## WORKSHOPS

Key: F - Focus on Fathers M - Focus on Mothers C - Focus on Couples P - Focus on Professionals

### SESSION I WORKSHOPS

9:45 a.m. to 11:00 a.m.

1. **MY FATHER, MY SELF (F)**  
Explores how our identities as men have been shaped by our fathers. How our fathers served as role models for our current relationships.  
**Jeff Beane, MFCC, Chair, National Organization of Changing Men**
2. **PREGNANT FATHERS (F)**  
Having a new baby is exciting and can be intimidating. Provides a chance to discuss spousal relationships, sex, work and the coming baby.  
**Jack Heinowitz, Ph.D., Author of "Pregnant Father"**
3. **FINDING TIME FOR FATHERING (F)**  
Learn to use well the time you have by including your children in your work, setting limits with love and learning how to play.  
**Mitch Galant, Ph.D., Clinical Psychologist**
4. **DADS AT WORK AND WORKING AS DADS (F)**  
Dads from "executives" to "blue collar" struggle to get fathering and working to mesh. Discuss tips for balancing the demands of work and family.  
**Judith Brunk, Director, Hill an' Dale Family Learning Center at Colorado Place**  
**James Machado, Comptroller, Hughes Aircraft**  
**Jim McGuire, LCSW, Didi Hirsch Community Mental Health Center**  
**Roland Saher, MA, MFCC Private Practice**

continued.



**SESSION I WORKSHOPS (continued)**

**5. FATHERS AS HOMEMAKERS (F)**

Discusses issues of men who work part or full time as homemakers. Exercises to explore issues of expanded parenting for men.

**Stephen Thomas, MS, Full time homemaker**

**6. MOTHERS - MAKING ROOM FOR FATHERS (M)**

How mothers can help fathers be better parents. A discussion of cooperative parenting skills geared for mothers.

**Madeline Leiber, MA,  
Child Development Specialist  
Janis Lubin Minton, MA,  
Child Development Specialist**

**7. MOTHERS AND FATHERS WORKING AS A TEAM (F, M, C)**

How to avoid the unconscious ways that parents often sabotage each others efforts in raising young children.

**Bonnie L. Geary, MA  
Thomas F. Geary, Ph.D.,  
Clinical Psychologist, Private Practice**

**8. HOW TO STOP THE BATTLE WITH YOUR CHILD (F, M)**

Strategies for getting your young child to listen without a constant battle.

**Don Fleming, LCSW, Ph.D., Author,  
Coordinator of the Julia Ann Singer Center**

**9. DISCIPLINE FOR PARENTS OF TEENS (F, M, C)**

The adolescent years bring their own set of discipline problems. Learn how to make these years easier and better.

**Lawrence H. Zaiden, Ph.D., Private Practice**

**10. STEPFATHERING (F)**

A focus on the ways in which stepfathers can enhance their relationships with family members by exploring problem solving strategies.

**Michael L. Bollini, Ph.D.,  
Clinical Psychologist,  
Member Stepfamily Association of America**

**11. FATHERS WHO ARE GAY (F)**

Special people, special problems. Addressing the questions and needs of gay fathers.

**Don Harrelson,  
Gay Fathers Coalition International**

**12. SINGLE FATHERS (F)**

Addresses the needs of fathers who are raising their children without a second parent in the home.

**Ralph Carleton Cole,  
Parents Without Partners,  
Santa Monica Chapter**

**13. SCIENCE AS MAGIC (F, M, C)**

Learn how to teach your child about science, nature and the world.

**Nina Kleinberg, R.N.,  
Certified Nurse Midwife  
Gloria Hoekzema, M.Ed.,  
L.A. Unified School District**

**14. SEXUAL MOLESTATION AND ABUSE -  
PROTECTING YOUR CHILD (F, M, C)**

Overview of sexual molestation myths and facts. Specific information on child sexual abuse prevention, indications of molestation and what to do if you learn that your child has been molested.

**Fred Sassoon, LCSW,  
Child Sexual Abuse Project, DPSS**

**15. CHILDREN'S GYM (F, M, C)**

Activities for infants, toddlers and preschoolers. Learn techniques including songs, games and manipulative skills used in a movement program.

**Dave Rabb, Owner,  
Dave Rabb's Gyms for Children, Inc.**

**16. SPECIAL ACTIVITIES WITH CHILDREN (F, M, C)**

An ongoing session held in the child care room. Parents can interact with their own and other children in songs, games and craft projects. Arts and crafts produced will be used and exhibited in the Father's Day Parade.

**Mary Mortensen, Lead Teacher,  
Hill an' Dale Family Learning Center,  
Colorado Place**

**17. NEW GAMES (F, M)**

Discussion with international New Games trained on styles of healthy competition, activities and fun.

**Allen Feld,  
International New Games Trainer**

**18. FATHERING GROUPS (P)**

Groups for fathers come in many shapes and sizes. Learn about the varieties and methods for setting up different types of groups. Topics will include recruiting target populations, publicity, funding and curriculum.

**Jane Byson,  
Thalians Community Mental Health Center  
Gerald Chitters, M.D.  
Terry Kaplan, Parent Education Specialist,  
Creator of "Joys of Fathering"  
Kit Kehr and James Kehr,  
UCLA Intervention Program's Father's Group**

**CHILD C**

9:00 a.m. to 1  
Limited Free Child Care By  
With Hill an' Dale Family Learning

**LUNCH AND**

12:45 p.m. to  
Lunch is provided for Re  
Child's Lunch must b

**Exhibits will be on dis**

**FATHER'S DA**

1:30 p.m. to  
Enjoy the Fun, Balloons, and  
As All Parade  
For Exciting Large

**"New Ga**

2:00 to 4:  
An Afternoon of Games,  
for the who  
Everyone

**ALLEN FELD, Internation**

**REGIS**

Name \_\_\_\_\_ Phone \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

- Friday Evening Celebration
  - Saturday Workshops and Activities
    - Session I 1st choice \_\_\_\_\_
    - Session II 1st choice \_\_\_\_\_
  - Saturday Child Care Children's ages \_\_\_\_\_
- (MUST PRE-REGISTER FOR CHILD CARE)**

Make checks payable to SCAEYC and mail to  
**MARTHA BILL**  
4944 Pacific Coast Highway, Torrance, CA 90505

Child's L

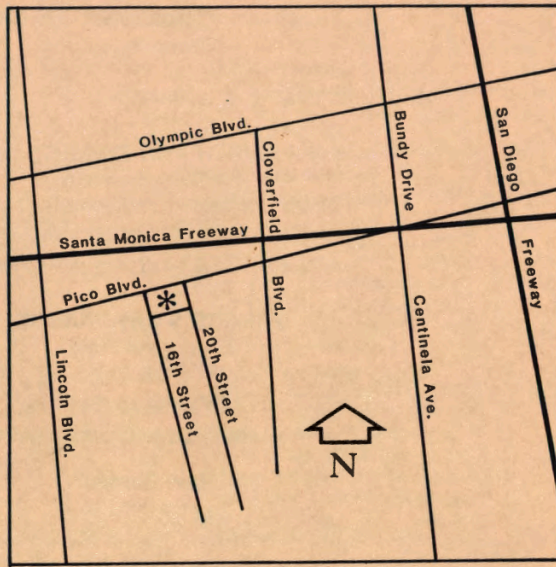


**Forum Coordinator**  
Rick Porter

**Program Committee**  
Stacy Dalgleish, M.A.  
Mitch Galant, Ph.D.  
Terry Kaplan  
Madeleine Lieber, M.A.  
Jeffrey Marsh, Ph.D.  
Mary Mortensen  
Bruce Patchman, B.Ph.  
Roland Saher, M.A.

**Public Relations Committee**  
Jeffrey Beane, M.S.  
Jack Bierman  
Harvey N. Karp, M.D.  
James Kehr, M.A.  
Kit Kehr  
Jim McGuire, LCSW

**Sponsor Representatives**  
Martha Bill, M.A.  
Sam Kirk, SCAEYC Executive Board



**FATHERHOOD FORUM**  
MARTHA BILL, M.A., SCAEYC BOARD MEMBER  
4944 Pacific Coast Highway, Torrance, CA 90505