

# RIT

Osher Lifelong  
Learning Institute

# Summer 2024

## Course Catalog



*Painting, "Sonoma Live Oak," by Teri Barlis*

**A Learning Community  
for Adults Age 50+**  
[rit.edu/osher](http://rit.edu/osher)

**Registration Opens 6/25**  
**Courses Begin 7/8**

# Osher's 2024 terms:

**Winter** (January 16 – March 25)

**Spring** (April 15 – June 10)

**Summer** (July 8 – August 21)

**Fall** (September 16 – December 13)

There are multi-week breaks between each term.



## University Benefits:

A Full-Year membership at Osher includes these Rochester Institute of Technology (RIT) student perks and privileges.

### RIT Student ID Card

- Discounts wherever student discounts are offered worldwide
- Free Henrietta BJ's Wholesale Club membership
- Student admission rates for campus events
- Borrowing privileges at the RIT library, including online collections, journals, etc.
- And more!

### Audit RIT Undergrad Courses:

- Members can audit eligible undergraduate classes university wide (see page 14 for more details)

### Audiology Services:

- State-of-the-art hearing evaluation, hearing-aid service, and purchase are available through RIT's National Technical Institute for the Deaf (NTID).

**Questions?** Reach us at (585) 292-8989 or osher@rit.edu

# Membership Benefits

## Unlimited Courses

Peer-led courses form the core of our program, and there are no tests or grades! We encourage interaction and discussion in every class whether it be in-person, hybrid, or online via Zoom. You will also gain access to our large library of course recordings stored on our members-only content hub. Register for classes online (see pages 4-5 for instructions).

## Pfudler Lecture Series

*(Thursdays at 12:15, Winter, Spring, & Fall Terms)*

Listen to a thought-provoking lecture by a guest speaker. These lectures will be in the hybrid format which means that you can attend in person or via Zoom. Most lectures are recorded and available on our members-only content hub.

## Social Events

An important part of the Osher experience is socializing with fellow members in a relaxed atmosphere at gatherings such as our annual picnic, holiday luncheons, and local events.

## SIGs (Special Interest Groups)

A SIG is an informal community of Osher members who gather in order to pursue and enjoy a shared interest. All members are encouraged to join an existing SIG or to initiate the formation of a new SIG. See page 6 for more information.

## Arts & Lectures Event Series

This enrichment series, made possible by our endowment from The Bernard Osher Foundation, brings us entertaining artists and expert speakers at no additional charge to members.

Membership	Fee						RIT		
		Unlimited Courses & Recordings	Pfudler Lecture Series	Social Events & SIGs	Arts & Lectures Events	Summer Trips	Student ID Card	RIT Classes	Audiology Services
<b>Full-Year</b>	\$365	■	■	■	■	■	■	■	■
<b>Single-Term</b> (summer)	\$100	■	■	■	■				
<b>Supporting</b> (full year)	\$175		■	■	■	■			

Register for classes online (see pages 4-5 for instructions). **Questions?** Reach us at (585) 292-8989 or osher@rit.edu

# Which membership suits your needs?

We have varying levels of membership to fit your individual needs.  
You can begin your membership during any of our terms.

## Full-Year Membership

A Full-Year individual membership begins in whichever term you join and entitles you to four terms of **all** our available Osher Institute benefits in the chart on the previous page, including unlimited classes and events, and access to our library of course/lecture recordings **plus** RIT University benefits such as a student ID card and access to auditing RIT classes. The annual fee is **\$365**. Renewable.

## Summer Single-Term Membership

Individuals may participate in an unlimited number of Osher Institute courses and events for one term. You also have access to our library of course/lecture recordings. Renewable.

The fee is **\$100**. You may convert your Single-Term membership into a Full-Year membership by paying the additional balance at the end of the term, thereby adding the next three terms.

*Not included: RIT university class auditing and student ID card*

## Supporting Membership

A Supporting individual membership entitles you to partial Osher Institute programming: social events, the Pfaudler Lecture Series, the Summer Seminar trips, Arts & Lectures events, and Special Interest Groups (SIGs).

The annual fee is **\$175**. Renewable.

*Not included: Osher Institute classes and library of course recordings; RIT university class auditing and student ID card*

## Community Group Membership

A Community Group membership is designed for senior-living facilities, town recreation groups, and other associations who would like to provide programming to their residents/members. The membership includes unlimited, live, interactive Zoom classes and access to our large library of course recordings. Zoom classes or recordings must be broadcast in a common room where residents congregate together; residents may not join classes from their own homes. The fee for one trial term is **\$355**. Additional terms after the trial are \$505 each. Contact us at **[osher@rit.edu](mailto:osher@rit.edu)** for more information and pricing of in-person classes for groups.

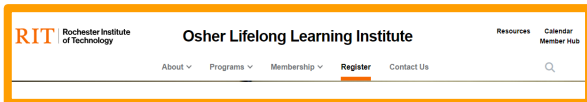
## Directions for Online Course Registration

The directions on this page will help you to register successfully. Online registration is your best bet for getting into the courses you want. Handing in a paper registration form early does not get you registered any earlier.

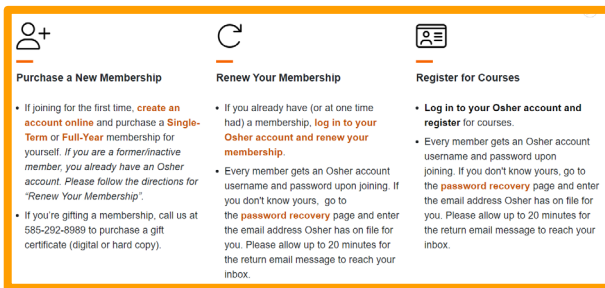
All paper registrations are processed, in random order, by staff beginning at 10 am on registration day.

[Note: The sample screens shown on this page are what you would see if working on a desktop or laptop computer. The screens on a phone or tablet will look different.]

**[1]** Begin by visiting our website at <https://rit.edu/osher> and click on **REGISTER** in the top middle of the page.



**[2]** On this page, choose the rightmost option:



**[3]** On this page, locate the "Username" and "Password" fields and fill them in. Then click the "Login" button. If you don't know your username and password, click on the "Click here to reset" link.

**[4]** Wait for the system to log you in. Once you're logged in, you will see <your name> in the upper-right corner beside the gear icon.

**IMPORTANT: You must be current with your payment in order to register for courses.** If your membership expires before the Summer 2024 Term begins, and you are not paying online, please make your payment well before registration day, **TUESDAY, JUNE 25.**

**[5]** On the left side of the screen under the "Search Options" heading, click on the "View Courses for" screen under the "Search Options" heading, click on the "View Courses for" drop-down menu, and select your name. Then click on the "Select Term" drop-down menu and select "2024-03 (Summer)". (Additionally, you may select a "Day" of the week to narrow down your search.) Then click the "Search" button.

**[6]** Scroll through the list of courses being offered. Click on the "Register" box/button (it turns orange) below the class you want to take. To get to the next page of offerings, click the 2, 3, etc. found at the bottom of the page you're on.

**[7]** Follow the prompts to either continue selecting courses or to complete your registration checkout. [Note: You will have 60 minutes to choose all of your courses.] Once you have selected all the courses you want, click the "Checkout" button.

## Course Registration Directions (cont'd)

**[8]** This page shows all of your selected courses. Read the "Terms of Use" and tick the box to accept them. **YOU MUST TICK THIS BOX IN ORDER TO CLICK "CONTINUE"!**

**You must click the "Continue" button in order for your registration to be complete.**

YOUR REGISTRATION IS NOT YET COMPLETE. Read the Terms below, check the Terms Agreement box, and click on the Continue button.

Member	Type	Description	Action	Tuition	Additional Fees	Additional Items	Payment Options	Subtotal
TEST TEST	Zoom	2023-03 (Summer) - Su01M Conversational Spanish (Zoom)	Register	\$0.00	\$0.00			\$0.00
TEST TEST	In-Person	2023-03 (Summer) - Su02M Current Events (in-Person)	Register	\$0.00	\$0.00			\$0.00

Subtotal: \$0.00  
Total: \$0.00  
Amount Due Today: \$0.00

Please Note: You have qualified for multiple discounts, but only one can be applied at this time. We have applied the greatest possible discount to your total.

You have no amount due today.

Terms of Use

There are only two criteria for membership in Osher: you must be 50 or older, and have an interest in lifelong learning. There are varying levels of membership to fit members' individual circumstances. You can begin your membership at the start of any of our terms: Fall (September), Winter (January), Spring (April), and Summer (July).

**Full-Year Membership:** A Full-Year individual membership begins in whichever term you join and entitles you to four terms of all our available Osher Institute benefits in the chart on the previous page, including unlimited classes and events, and access to our library of course/lecture recordings plus RT University benefits such as a student ID card and access to auditing RT classes. The annual fee is \$350. Renewable.

**Single-Term Membership:** Individuals may participate in an unlimited number of Osher Institute courses and events for one term. You also have

I have read and agree with the policies and procedures set forth.

**[9]** And the final page (Your registration/purchase is complete) shows the list of Successful Items (your courses).

Your registration/purchase is complete. Click [here](#) for a printable page for your records.

2 item(s) succeeded  
0 item(s) failed

**Successful Items:**

Student	Item	Type	Status	Instructor(s)	Start Date	Start Time
TEST TEST	Su01M Conversational Spanish (Zoom)	Zoom	Registered	Roslyn Rubin	7/10/2023	9:30 AM EDT
TEST TEST	Su02M Current Events (in-Person)	In-Person	Registered	Richard Scott Rachel Adonis Helen Moore	7/10/2023	9:30 AM EDT

Your credit card was not charged today.

**You will get a confirmation letter email for each course for which you've registered. For hybrid and Zoom courses, the confirmation email will contain the Zoom meeting information and link. Save this email so that you can join your Zoom classes each week.**

Note: You can log in to your account and see a list of your courses at any time by clicking the "gear" icon next to your name at the top right of the Registration page.

TEST TEST

Select Language  Powered by Google Translate

Click on the "My Account" box, and at the top of the page, you will see "Personal Information" then scroll to the bottom of the page and click on the "My Courses" tab (between the Emergency Info tab and the Memberships tab).

# Important Hybrid Class Registration Information

For all hybrid classes you choose, be sure to register for **EITHER** the **in-person** option **OR** the **Zoom** option. If you register for in-person, you will also receive the Zoom link (in case you can't make class on a particular day). If you register for the **Zoom** option, you **WILL NOT** be able to attend the class **in-person**.

Join us at our **Fall Course Preview / Open House**



**on Monday, August 26, 2024**  
**10 – 11 am Course Preview Presentation**  
**11 – noon Open House/Reception**

Join us for the preview in person or via Zoom!  
For Zoom meeting details, contact [osher@rit.edu](mailto:osher@rit.edu)

**Fall Registration opens August 27 at 10 am**  
**Classes start September 16**



Thanks to a grant from the Bernard Osher Foundation, we were able to purchase "**Listen Everywhere**", an assistive listening system that will allow you to stream classroom audio directly to your cell phone that can be adjusted to your personal volume preference. Bring your own headphones or ear buds, download the free app, and don't miss any of the conversation in your classes.

# Join a SIG!

A SIG (Special Interest Group) is an informal community of Osher members who gather in order to pursue and enjoy a shared interest. Don't see what you want? You can start a new SIG. Contact staff at [osher@rit.edu](mailto:osher@rit.edu) for details.

The following SIGs are currently meeting:

SIG	COORDINATOR	DESCRIPTION
<b>Mac Computers</b> (OS X) <b>iPhone/iPad</b> (iOS)	Tom Lathrop	Discussions, problem solving, members helping members, sharing tips and tricks, and demonstrations
<b>Photography</b>	Loretta Petralis	The group focuses on reviewing members' photos and sharing camera setting and photo editing techniques.
<b>Purls of Wisdom</b> (knitting & needle craft)	Terri Hurley	For all experience levels, come learn and share techniques.
<b>Travel</b>	Jane Eggleston	Share your favorite photos, memories, and experiences of your previous travel adventures.
<b>Walking Group</b>	Helen Moore	This is an outdoor walking group for interested members.



*The Osher Walking SIG*

<b>Monday</b>	<b>9:30 – 11:00 am ET</b>	<b>11:15 am – 12:45 pm ET</b>
	<b>Conversational Spanish</b> ..... Su1M Roz Rubin (7/8 – 8/12) <b>Current Events</b> ..... Su2M Adonis, Moore, & Scott (7/8 – 8/19)	<b>Introduction to Analytic Philosophy</b> ..... Su3M Moshe Cahill (7/8 – 8/5) <b>A Real Shangri La</b> ..... Su4M Dick Scott (7/8)

<b>Tuesday</b>	<b>10:00 am – 12:00 pm ET</b> (these lectures are listed under "Special Events & Trips 2024" online)	
	<b>Summer Seminar Lecture 2: Jamestown (History of Comedy and Comedic Geniuses, and Stand-Up Comedy Act)</b> Dan Viola (7/16)  <b>Summer Seminar Lecture 3: Ontario, Canada (Dancing and Romancing on Broadway)</b> Michael Lasser (8/6)	

<b>Wednesday</b>	<b>9:30 – 11:00 am ET</b>	<b>11:15 am – 12:45 pm ET</b>	<b>1:30 – 3:00 pm ET</b>
	<b>Discussing The New Yorker Magazine</b> .... Su5W Dupont & Levinson (7/10 – 8/21) <b>Kate Atkinson's Jackson Brodie: The Detective Who Isn't</b> ..... Su6W Lisa Jadwin (7/10 – 8/14) <b>You Be the Critic: A Film Discussion Group</b> ..... Su7W Sandra Vallot (7/10 – 8/21)	<b>Contemporary Events</b> ..... Su8W Terri Hurley (7/10 – 8/21) <b>Photos: Take Them or Make Them</b> ..... Su9W Michelle Turner (7/10 – 7/24)	<b>Algeria: France's Gaza</b> ..... Su10W Tom Low (7/10 – 8/14) <b>AI Tools You May Find Useful</b> ..... Su11W Bill Brown (7/10 – 8/21) <b>The Future of Health, Medicine, and Biotechnology: Part 4</b> ..... Su12W Alex Marcus (7/10 – 8/21)

## Osher Lifelong Learning Institute Course Exchange

We are pleased to announce that we are partnering with other Osher Lifelong Learning Institutes (OLLIs) to provide our members more course offerings at no additional cost. Thanks to time zone differences we are now able to offer you late afternoon and evening classes! Sign up for these courses through **our** registration system, **not** through the partner OLLI sites.

		
<b>Course Exchange</b>	<b>Tuesday</b>	<b>Thursday</b>
	<b>Gentle Energizing Movement, Relaxation, and Meditation</b> ..... Su13E Randall Krause 12:00 – 1:45 pm ET, 7/16 – 8/13 <b>Polish Heroes</b> ..... Su14E Katrina Shawver 4:00 – 5:45 pm ET, 7/16	<b>Chen Village Tai Chi</b> ..... Su15E Randall Krause 12:00 – 1:45 pm ET, 7/18 – 8/15 <b>Online Film Discussion</b> ..... Su16E Trudy Hill 4:00 – 5:45 pm ET, 7/18 – 8/22

# Monday

## OLLI at RIT Summer 2024 Course Schedule

### Conversational Spanish ..... Su1M

[NEW CONTENT] Designed for intermediate students, this course emphasizes speaking using high interest topics and a variety of authentic materials relating to culture and language. **Required Text:** *Conversemos! Intermediate Spanish Conversation, 3rd Edition* by Ana Jarvis and Raquel Lebredo, ISBN 9780618220885  
*Audio/Visual, Discussion, Lecture, Reading, Writing*

**Roz Rubin** has been teaching Spanish at Osher for the past 13 years and loves sharing and interacting with fellow Spanish students.

Mondays: 9:30 – 11:00 am  
**SIX Weeks:** July 8 – August 12


 Zoom Only 

### Current Events ..... Su2M

[NEW CONTENT] We will discuss timely topics chosen by the attendees. Class members are encouraged, but not required, to participate. All political views are welcomed and respected. Join us to “talk the talk.” *Discussion*

**Helen Moore** worked in Rochester news behind-the-scenes as a photo journalist. **Rachel Adonis** is retired from a career in financial services. She has enjoyed attending Osher classes and participating as a course leader. **Dick Scott** has led many Osher classes and enjoys both attending and leading courses.

Mondays: 9:30 – 11:00 am  
**SEVEN Weeks:** July 8 – August 19

 Hybrid 

### Introduction to Analytic Philosophy ..... Su3M

[NEW COURSE] A five-week introduction to analytic philosophy will feature Interviews by Bryan Magee on British Television in 1977 as *Men of Ideas* and again in 1997 as *Contemporary Philosophy*. The interviews include “What is Philosophy?”, “Linguistic Philosophy”, “Logical Positivism”, “Gottlob Frege”, and “Ludwig Wittgenstein”. After each interview we will discuss the its philosophical content and contribution to contemporary analytic philosophy. *Audio/Visual, Discussion*

**Moshe Cahill** has led classes in Western Philosophy: Pre-Socratic Philosophy, Aristotle, Plato, Rationalism, Empiricism, Kant, Existentialism and, now, Analytic Philosophy. His background is in philosophy and religion. He has enjoyed learning about and sharing with his fellow Osher members.

Mondays: 11:15 am – 12:45 pm  
**FIVE Weeks:** July 8 – August 5



 In-Person Only

### A Real Shangri La ..... Su4M

[NEW COURSE] In 1945 a US Army transport plane crashed in an isolated New Guinea valley inhabited by a prehistoric society. This is the story of the rescue of the survivors of the crash and the culture clash that occurred as the native inhabitants subsequently abruptly collided with the 20th century. *Discussion, Lecture*

**Dick Scott** has presented many courses at Osher. He became aware of this story while researching US WWII actions in New Guinea.

Monday: 11:15 am – 12:45 pm  
**ONE Week:** July 8

 Hybrid 



# Tuesday

## OLLI at RIT Summer 2024 Course Schedule

### Summer Seminar Lecture 2: Jamestown

#### History of Comedy and Comedic Geniuses, and Stand-Up Comedy Act.....Special Events & Trips 2024



On Tuesday, July 16 at 10 am all members are invited to a free lecture, featuring two talks by Dan Viola. Following graduation from Cornell in 1989, Dan Viola tried stand-up comedy at an open mic and was hooked for a few years. Life came calling and he quit comedy "forever". Since then, he has accumulated one wife, seven kids and almost 30 years teaching chemistry at Brockport HS. Oh, and he resumed his entertainment career along the way, emphasizing clean comedy and a resume that includes his own Dry Bar Comedy special, entertaining Fortune 500 companies and sharing the stage with big names like John Stewart, Kevin Nealon and Rob Schneider. This may be obvious with 3 kids in college, but he will NOT be sharing advice on accumulating wealth.

Tuesday:  
**ONE Week:**

10:00 am – 12:00 pm  
**July 16**

 Hybrid 

### Summer Seminar Lecture 3: Ontario, Canada



#### Dancing and Romancing on Broadway.....Special Events & Trips 2024



On Tuesday, August 6 at 10 AM all members are invited to a free lecture (hybrid format - attend in person at Osher or via Zoom) featuring Michael Lasser, a speaker, writer, broadcaster, and critic. The title of his talk will be Dancing and Romancing on Broadway. He is the author of three books: America's Songs: The Stories Behind the Songs of Broadway, Hollywood, and Tin Pan Alley (co-written with Philip Furia), America's Songs II: From the 1890s to the Post-War Years, and City Songs and American Life, 1900-1950. From 1980-2021. Michael was the host of the nationally syndicated public radio show, Fascinating Rhythm, winner of a 1994 Peabody Award. A graduate of Dartmouth College, he is the former theater critic for the Rochester Democrat & Chronicle, and for 35 years has spoken at museums and universities around the country. In 2010, he was named a Thomas P. Johnson Distinguished Visiting Scholar at Rollins College. He is currently at work on a fourth book about the Great American Songbook.

Tuesday:  
**ONE Week:**

10:00 am – 12:00 pm  
**August 6**

 Hybrid 

# Wednesday

## OLLI at RIT Summer 2024 Course Schedule

### Discussing *The New Yorker Magazine* ..... Su5W

[NEW CONTENT] Using the last week's issue of *The New Yorker* as a jumping off point, we conduct lively discussions of a very broad range of topics, from today's culture, current events, fiction, politics, history, and, of course, the famous cartoons. We stay one week behind the current issue so you have time to read it. We will start with the July 1, 2024 issue.

**Required Text:** *The New Yorker* magazine (hard copy or e-copy) by subscription, individual issue purchase, or library

**Enrollment Limit:** 20 *Audio/Visual, Discussion, Reading*

**Joan Dupont** and **Steve Levinson** really enjoy having an opportunity to discuss articles they read in *The New Yorker* magazine with their class. It really furthers our appreciation of this amazing magazine.

Wednesdays: 9:30 – 11:00 am  
**SEVEN Weeks:** July 10 – August 21



Hybrid

### Kate Atkinson's *Jackson Brodie: The Detective Who Isn't* ..... Su6W

[NEW COURSE] Kate Atkinson's detective novels, and her recurring private eye Jackson Brodie, are full of atmosphere, fascinating characters, humor, and unexpected twists. We'll read two novels, both set in Scotland, where chaos and history abound, and no one quite knows what they want or what they're looking for. These characters will stay with you long after you finish the novel. **Required Texts:** *When Will There Be Good News?* by Kate Atkinson, ASIN B001AO0HBC / ISBN 0316012831 *One Good Turn* by Kate Atkinson, ASIN B000Q80TA2 / ISBN 0316012823 *Discussion, Lecture, Reading*

**Lisa Jadwin**, Ph.D., has been teaching film and literature for nearly 40 years. She enjoys a huge range of literature, including detective fiction, and in addition to lecture elements, her courses allow for lots of discussion.

Wednesdays: 9:30 – 11:00 am  
**SIX Weeks:** July 10 – August 14



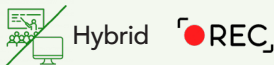
In-Person Only REC

### You Be the Critic: A Film Discussion Group ..... Su7W

[NEW CONTENT] Class members are expected to see at least one of three movies that have been selected in class each week, viewing them independently in local movie theaters and streaming on either Netflix or Prime Video. We rate each movie and then share our ratings (1-10) and viewpoints with the class. With a variety of opinions, lively discussion is guaranteed. *Discussion*

**Sandra M. Vallot** is a lifelong movie fan who enjoys the opportunity to see movies that she would not ordinarily see. She enjoys discussing them with members from a wide variety of backgrounds and expertise.

Wednesdays: 9:30 – 11:00 am  
**SEVEN Weeks:** July 10 – August 21



Hybrid REC

### Contemporary Events ..... Su8W

[NEW CONTENT] We will engage in a lively, orderly discussion involving contemporary events submitted by members of the class. *Discussion*

**Terri Hurley** has been an Osher member for 15 years. She tries to maintain order with some humor and keep the class on topic.

Wednesdays: 11:15 am – 12:45 pm  
**SEVEN Weeks:** July 10 – August 21



Hybrid REC

## Photos: Take Them or Make Them ..... Su9W

[NEW COURSE] Each class will begin with a discussion of composition techniques used by artists whether their medium is painting or photography. We will then use our own laptops to edit images that we've taken prior to class that exemplify the discussed techniques. This is a hands-on workshop where everyone will work on their own with assistance from Michelle and other class members. The goal will be to make images better than they were initially. Your own laptop and cables are required. Lightroom editing software is preferred. **Required Materials:** Personal laptop with editing software, preferably Lightroom.

**Enrollment Limit:** 15. *Audio/Visual, Discussion, Workshop*

**Michelle Turner** retired from a career in education. She has given many Osher classes on various topics, often on photography-related themes, and uses her own photos in classes on countries she's visited. Michelle's images have been exhibited in local and regional shows and galleries including at Osher.

Wednesdays: 11:15 am – 12:45 pm  
**THREE Weeks:** July 10 – July 24



 In-Person Only 

## Algeria: France's Gaza ..... Su10W

[NEW COURSE] We will consider the bloody revolution in Algeria (1954 to 1962) against the French colonial power. The rebellion brought death or displacement to nine million natives, exiled one million colonists, brought Camus to despair, delivered a bomb to Sartre's apartment, returned de Gaulle to power, and destroyed the 4th Republic. *Discussion, Lecture*

**Tom Low** reveres France and history and has led classes on subjects as diverse as Antarctic exploration, the Spanish Civil War, sieges, and the trenches of World War I.

Wednesdays: 1:30 – 3:00 pm  
**SIX Weeks:** July 10 – August 14



 Hybrid 

## AI Tools You May Find Useful ..... Su11W

[NEW COURSE] Artificial Intelligence (AI) is a rapidly emerging field of technology that is progressing at great speed in many directions. In this course we will explore a few tools which have emerged that may have some practical application for your own life. *Audio/Visual, Discussion, Lecture*

**Bill Brown** has been an Osher member and course leader for many years. He has led courses on Sherlock Holmes, Frank Loesser, and various technology-related topics. He is a member and former leader of the local Sherlockian Scion Society – Rochester Row.

Wednesdays: 1:30 – 3:00 pm  
**SEVEN Weeks:** July 10 – August 21


 Hybrid 

## The Future of Health, Medicine, and Biotechnology: Part 4 ..... Su12W

[NEW COURSE] We will continue to explore the new developments in medicine and biotechnology and how they will impact the future of our health and well being. Topics covered will include cancer, diabetes, obesity, Alzheimer's disease, and much more. *Audio/Visual, Discussion, Lecture*

**Alex Marcus** is a retired physician with training and experience in internal medicine, neurology, and psychiatry. He has been giving courses at Osher on a variety of topics for over 20 years.

Wednesdays: 1:30 – 3:00 pm  
**SEVEN Weeks:** July 10 – August 21

 Zoom Only 

# OLLI Course Exchange

We are pleased to announce that we are partnering with other Osher Lifelong Learning Institutes (OLLIs) to provide our members more course offerings at no additional charge. Thanks to time zone differences we are now able to offer you late afternoon and evening classes! Sign up for these courses through our registration system, **not** through the partner OLLI sites.



## Gentle Energizing Movement, Relaxation, and Meditation ..... Su13E

Let go of stress and come home to yourself. Over millennia, the sages of the Himalayan Yoga Tradition developed highly effective methods of movement, relaxation, and meditation. In this study group you will learn foundational practices from the Himalayan Yoga Tradition. Each session will have three phases: gentle movement and breathing, deep relaxation, and meditation. Members can expect to leave this class refreshed. Please note that the movements taught in this study group are not acrobatics. They are suitable for people with no yoga experience. If you've attended yoga classes and found them to be too strenuous or otherwise challenging, this study group is for you.

**Randall Krause** served many years as an attorney and conflict resolution facilitator. Later, he studied counseling and received a M.A. in interdisciplinary consciousness studies with an emphasis in holistic health counseling, was certified and served as a personal coach and mentor. He studied Effective Communication intensively and also studied The Gremlin Taming Method for more than 10 years. In addition, Randall is a senior mentor and teacher in the Himalayan yoga meditation tradition and is registered with Yoga Alliance (YA) as an Experienced Yoga Teacher and a Continuing Yoga Education Provider.

Tuesdays: 12:00 – 1:45 pm ET  
**FIVE Weeks: July 16 – August 13**



## Polish Heroes ..... Su14E

Poland has a rich history that spans centuries. This class will examine the lives and accomplishments of significant Poles. Some of these individuals received little credit until recently. Poland has always occupied a strategic location in central Europe. Today it is a member of NATO and borders Ukraine, Belarus, and Lithuania to the east. An overview of the history and people of this strategic US ally is timelier than ever. From the Battle of Vienna to the modern day, Poles have fought for an independent and democratic country.

**Katrina Shawver** is an author, lifelong history geek, and relentlessly curious about finding unknown stories. Her book, *Henry: A Polish Swimmer's True Story of Friendship from Auschwitz to America*, about a Polish survivor of Auschwitz and Buchenwald, garnered many awards and reviews and is now available in English, Polish, and Czech. The Polish American Congress of Arizona awarded Katrina their 2018 Polish Heritage Award "for her contribution to documentation of the suffering inflicted on Polish people during the Holocaust." She lives in Phoenix, Arizona.

Tuesday: 4:00 – 5:45 pm ET  
**ONE Week: July 16**





THE UNIVERSITY OF ARIZONA

# OSHER LIFELONG LEARNING INSTITUTE

## Chen Village Tai Chi ..... Su15E

No previous Tai Chi experience is necessary. All the movements are slow and gentle, and no martial arts applications will be taught or practiced in this study group. These methods may help lessen body pain, correct spinal misalignment, cultivate a sense of internal energy, and rest the mind. Participants can wear comfortable roomy or stretchy clothing and some soft tai chi shoes or socks to wear on their feet.

**Randall Krause** served many years as an attorney and conflict resolution facilitator. Later, he studied counseling and received a M.A. in interdisciplinary consciousness studies with an emphasis in holistic health counseling, was certified and served as a personal coach and mentor. He studied Effective Communication intensively and also studied The Gremlin Taming Method for more than 10 years. In addition, Randall is a senior mentor and teacher in the Himalayan yoga meditation tradition and is registered with Yoga Alliance (YA) as an Experienced Yoga Teacher and a Continuing Yoga Education Provider.

Thursdays: 12:00 – 1:45 pm ET  
**FOUR Weeks:** July 18 – August 15  
(no class August 8)



## Online Film Discussion ..... Su16E

Each week we'll watch a favorite movie available on Netflix or Prime. I'll choose and present the first film. In the five weeks that follow, class members will have an opportunity to choose and present a favorite film. The presenter must have seen their suggested film. The class will vote on which film to watch for the following week. If no one volunteers, I will choose the film to discuss and may or may not introduce the film. Class members are welcome to attend the discussion whether they have seen the film. This is a chance to share and revisit old favorites or new. There may be a charge to watch some of the films.

**Trudy Hill** has an MS degree in Art Education from UW Madison and has taught art and reading to elementary, junior high, and adult students. She was a co-SGL for Science Fiction and Poetry Classes and SGL for Calligraphy Class. She is an SGL for Film and Poetry Discussion classes. Her background includes working for Visa International as an architect of computer chips on payment cards and Visa systems that support them. Since she was a young girl, she has loved reading everything, watching films and making art (still does)!

Thursdays: 4:00 – 5:45 pm ET  
**SIX Weeks:** July 18 – August 22



# Directions for Auditing RIT Undergraduate Courses

As a Full-Year Osher member, you can audit eligible\* RIT undergraduate courses. Here's how to do it:

1. If you don't already have an **RIT University ID card and number (UID)**, instructions for requesting one are on the Osher Resources webpage (<https://www.rit.edu/osher/resources>). **If you have ever been associated with RIT in any way (former staff/faculty, student, parent of a student, etc.) you likely already have a UID. Contact registrar@rit.edu to check before submitting a form.** After you submit the UID request form, an Osher staff member will be notified by an automatically generated email and will approve the request. You will be notified via email when it's approved and can then get your student ID card on campus in Eastman Hall (Bldg. #1), between 9 am and 4 pm, Monday through Friday. Enter the main RIT entrance on Jefferson Rd., drive to the traffic circle and continue straight to the Information Booth for a parking pass and directions to the building (see map to Eastman Hall on the Osher Resources webpage).
2. Go to the Student Information System (SIS) webpage (<https://www.rit.edu/infocenter/>) to search for eligible\* undergraduate courses you're interested in. Click **Public Class Search > TigerCenter Class Search**. *There is not a printed RIT course catalog.*
  - a. In the "Public Features" section, click on the orange Class Search button.
  - b. On the next page, make sure to choose the correct semester in the "Select a term box".
  - c. Type in a search term, e.g., Italian.
  - d. Click on "Advanced Search" and choose "**RIT Main**" as the **campus** (we have campuses in several countries, and those courses are not eligible to audit).
  - e. Click "Save Options".
  - f. Click the orange "Search" button.
  - g. Peruse the list of courses, and click on a course to view its details.
  - h. In the Enrollment Information section, check if there are any **Pre-Reqs** (pre-requisites) listed. If so you will need to contact the instructor and ask for permission to audit the course as an Osher member. The instructor's email can be found by clicking on their name in the Class Details section.
3. Complete the **auditing form** on the Osher Resources webpage. You can apply to audit a maximum of two courses per semester until the end of the Add/Drop period. View the RIT academic calendar for Add/Drop dates: <https://www.rit.edu/calendar>.
4. **Take a photo of, or scan, the form and email it to Osher staff** at [osher@rit.edu](mailto:osher@rit.edu). Or bring the hard copy to an Osher staff member. If requesting a course with pre-requisites, forward the email approval from the instructor to Osher staff also.
5. Osher staff will submit your auditing form to the Registrar's Office no earlier than **one week before the RIT semester begins**. View the RIT academic calendar for semester start/end dates: <https://www.rit.edu/calendar> Within that week you will receive an email from the Registrar that will say whether the auditing request has been approved.
6. In the meantime, the Osher Program Director will sponsor you for an **RIT Computer Account** (if you don't already have one). **Your user name will be your first initial+last name+olli**, e.g., rsmitholli so when you receive an email from the RIT Service Center with instructions on setting your Computer Account password at <https://start.rit.edu>, you will use the above naming convention for your user name. Once your RIT Computer Account is set up, you can use it to log in to SIS (<https://www.rit.edu/infocenter/>) to view the course(s) you're enrolled in and any tasks or forms you might need to complete as an auditor.
7. After your Computer Account is activated, a **MyCourses account** will also be activated within 8 hours (updates to MyCourses are made between 4-5am, 11am-12pm, and 4-5pm Eastern). This platform is what RIT instructors use to share course information and syllabi and communicate with the class participants. When you go to the MyCourses login page (<https://mycourses.rit.edu/>), click the "**RIT Guest Login**" button and then enter your RIT Computer Account user name and password to view your class information.
8. RIT requires **multi-factor authentication** for most logins to its systems, so in order to access MyCourses, you will have to enroll in the university's multi-factor authentication (<https://www.rit.edu/its/mfa/enroll>).

*\*NTID courses and courses that are full, have a waitlist, and/or have associated labs/studios are not eligible for auditing. Courses with pre-requisites require pre-approval from the instructor. Courses with interpreters vary per semester. Wellness courses require a fee.*

# Important to Note

## Copyright Information – TEACH Act

The TEACH Act allows accredited, non-profit, educational institutions, such as RIT, greater access and educational use of copyrighted works, and extends fair use to online and distance learning education when certain requirements have been met by the institution.

- A. TEACH Act.** Members of the RIT community may take advantage of the TEACH Act provisions to use copyrighted works in online and distance learning courses. The TEACH Act provisions would allow a non-profit educational institution, such as RIT, to use copyrighted works, without the express permission of the creator and without the payment of royalties and/or licensing fees, when all of the following are met:
1. Copyrighted Works must be part of an online or distance learning course and not for entertainment, recreation, or cultural value. The faculty member must be able to show how the use of the copyrighted work contributes to the overall course study and syllabus. The course does not have to be a credit course, but must be one recognized by RIT and for which members of the RIT community must register.
  2. The use of the copyrighted work is limited to members of the RIT community that are enrolled in the online or distance learning course.
  3. Access to the Copyrighted Work is limited, either by password or other protection device, to members of the RIT Community that are enrolled in the online or Distance learning course.
  4. The faculty member must provide to the members of the RIT community that are enrolled in the online or distance learning course written notice of this RIT Copyright Policy and that some of the course materials may be protected by copyright law. A statement in the syllabus for the specific online or distance learning course shall be sufficient to meet this notice requirement.

## Registration Information

Please make payments and/or register online for your courses using your Osher account at <http://reg138.imperisoft.com/Osher/Login/Registration.aspx> If you don't know your Osher account user name or password, please go to the Login Help webpage at <http://reg138.imperisoft.com/Osher/LoginHelp/Registration.aspx> and enter your email address to receive instructions on resetting your user name and password. Please allow up to 20 minutes for this email message to reach your inbox. If you would prefer to have a staff member make your credit card payment and/or register you, please email us at [osher@rit.edu](mailto:osher@rit.edu)

Some courses require the purchase of books or materials.

Osher Lifelong Learning Institute at RIT reserves the right to cancel courses because of low registration, last-minute unavailability of course leaders, or other unavoidable circumstances. Members will be notified immediately of such cancellations so that they may select alternative course(s).

## Refund Policy

In the case of the death or incapacitation of a Full-Year member, a pro rata portion of their annual membership fee is eligible to be refunded. The membership fee is otherwise generally nonrefundable. The Program Director, in consultation with the Chair of Council, may consider a refund request for other individual circumstances. For administrative purposes, all refund requests must be made in writing.