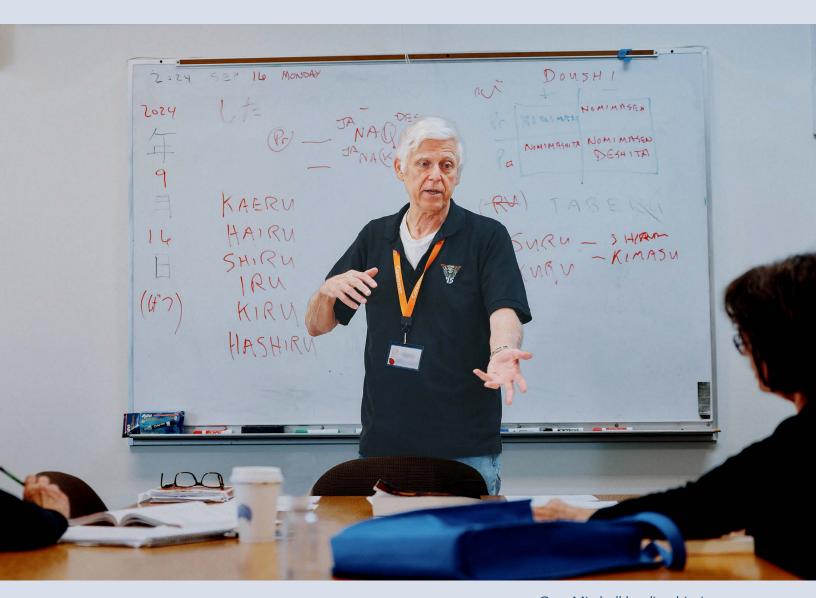
RIT Osher Lifelong Learning Institute Winter 2025 Course Catalog



Gary Mitchell leading his Japanese course.

A Learning Community for Vibrant Adults rit.edu/osher

Registration Opens 12/17
RIT OLLI Courses Begin 1/13

Osher's 2025 terms: Winter (January 13 – March 24)

Spring (April 14 – June 9 Summer (July 7 – August 20)

Fall (September 15 – December 12)

There are multi-week breaks between each term.

Membership Benefits

Unlimited Courses

Peer-led courses form the core of our program, and there are no tests or grades! We encourage interaction and discussion in every class whether it be in-person, hybrid, or online via Zoom. You will also gain access to our large library of course recordings stored on our members-only content hub.

Pfaudler Lecture Series

(Thursdays at 12:15, Winter, Spring, & Fall Terms)

Listen to a thought-provoking lecture by a guest speaker. These lectures will be in the hybrid format which means that you can attend in person or via Zoom. Most lectures are recorded and available on our members-only content hub. See pages 16-18 for more information.

Social Events

An important part of the Osher experience is socializing with fellow members in a relaxed atmosphere at gatherings such as our annual picnic, holiday luncheons, and local events.

SIGs (Special Interest Groups)

A SIG is an informal community of Osher members who gather in order to pursue and enjoy a shared interest. All members are encouraged to join an existing SIG or to initiate the formation of a new SIG. See page 19 for more information.

Arts & Lectures Event Series

This enrichment series, made possible by our endowment from The Bernard Osher Foundation, brings us entertaining artists and expert speakers at no additional charge to members.



University Benefits:

A Full-Year membership at Osher includes these Rochester Institute of Technology (RIT) student perks and privileges.

RIT Student ID Card

- Discounts wherever student discounts are offered worldwide
- Free Henrietta BJ's Wholesale Club membership
- Student admission rates for campus events
- Borrowing privileges at the RIT library, including online collections, journals, etc.
- And more!

Audit RIT Undergrad Courses:

 Members can audit eligible undergraduate classes university wide (see page 32 for more details)

Audiology Services:

 State-of-the-art hearing evaluation, hearing-aid service, and purchase are available through RIT's National Technical Institute for the Deaf (NTID).

Questions? Reach us at (585) 292-8989 or osher@rit.edu

	Un	Unlimited	Pfaudler	Social	Arts &		RIT		
Membership	Fee	Courses & Recordings		Events & SIGs	Lectures Events	Summer Trips	Student ID Card	RIT Classes	Audiology Services
Full-Year	\$365								
Single-Term	\$165								
Supporting (full year)	\$175								

Which membership suits your needs?

We have varying levels of membership to fit your individual needs. You can begin your membership during any of our terms.

Visit https://www.rit.edu/osher/register to create an account, purchase a membership, or register.

Full-Year Membership

A Full-Year individual membership begins in whichever term you join and entitles you to four terms of **all** our available Osher Institute benefits in the chart on the previous page, including unlimited classes and events, and access to our library of course/lecture recordings **plus** RIT University benefits such as a student ID card and access to auditing RIT classes. The annual fee is **\$365**. Renewable.

Single-Term Membership

Individuals may participate in an unlimited number of Osher Institute courses and events for one term. You also have access to our library of course/lecture recordings. Renewable.

The fee is **\$165**. You may convert your Single-Term membership into a Full-Year membership by paying the additional balance at the end of the term, thereby adding the next three terms.

Not included: RIT university class auditing and student ID card

Supporting Membership

A Supporting individual membership entitles you to partial Osher Institute programming: social events, the Pfaudler Lecture Series, the Summer Seminar trips, Arts & Lectures events, and Special Interest Groups (SIGs).

The annual fee is \$175. Renewable.

Not included: Osher Institute classes and library of course recordings; RIT university class auditing and student ID card

Community Group Membership

A Community Group membership is designed for senior-living facilities, town recreation groups, and other associations who would like to provide programming to their residents/members. The membership includes unlimited, live, interactive Zoom classes and access to our large library of course recordings. Zoom classes or recordings must be broadcast in a common room where residents congregate together; residents may not join classes from their own homes. The fee for one trial term is \$350. Additional terms after the trial are \$500 each. Contact us at osher@rit.edu for more information and pricing of in-person classes for groups.

	9:30 - 11:00 am ET	11:15 am - 12:45 pm ET	1:30 – 3 or 3:30 pm ET
Monday	Current Events	History of Sculpture: Part 2	Express Yourself Through Writing Fiction. W11M Gary Mitchell (1/13–3/24) Frankenstein: The Novel W12M Donna Richardson (1/13–3/24) What It Was: Growing Up When the Music Mattered W13M James Pagliasotti (1/13) A World of Whispers: Understanding Hearing Loss W14M Amanda Picioli (1/27) So You Think You'd Like to Start a Book Club W15M Eugene Clifford (2/10) History of the Periodic Table W16M Mary Eberhardt (2/17) Microplastics All Around Us W17M Mary Eberhardt (3/3)
Tuesday	9:30 — 11:00 am ET Franz Schubert: The Last Two Years W18T Richard Mallory (1/14–3/18) Great Decisions 2025	The Adirondacks: New York's Great Wilderness Park	1:30 — 3:00 or 3:30 pm ET Conversational French: Intermediate Level
	9:30 – 11:00 am ET	11:15 am - 12:45 pm ET	1:30 – 3:00 pm ET
Wednesday	Discussing The New Yorker Magazine W27W Levinson & Dupont (1/15–3/19) From Standards to Scat: Exploring Ella Fitzgerald's Recorded Legacy W28W Peter Luce (1/15–2/12) Irish Culture and Literature W29W Jack Callaghan (1/15–2/12)	Contemporary Events	The Future of Health, Medicine, and Biotechnology: Part 6
	9:30 - 11 or 11:30 am ET	12:15 — 1:30 pm ET	1:45 – 3:45 pm ET
Thursday	Five Documentary Films To Provoke Reflection and Discussion . W34Th Lisa Jadwin (1/16–3/20) Origami: The Japanese Art of Paper Folding (section 1) . W35Th Mitchell, Beyer, & Clark (3/13) Origami: The Japanese Art of Paper Folding (section 2) . W36Th Mitchell, Beyer, & Clark (3/20) You Be the Critic: A Film Discussion Group . W37Th Sandra Vallot (1/16–3/20)	Pfaudler Lecture Series	Active Communication Education







Osher Lifelong Learning Institute Course Exchange

_] at **Chico** State

Conservation Burial: The Greenest Way to "Go"W51E Mary Ann Perry 1:00 – 2:00 pm ET, 1/7 – 1/21 Intro to Prismacolor PencilsW52E Cris Guenter 1:00 – 2:30 pm ET, 1/7 – 2/11 Let's Keep KnittingW53E Gale Ulvang 6:00 - 7:30 pm ET, 1/7 - 3/11

Tuesday

OLLI Course Exchange

Wednesday Zen Drawing 101......W54E Susan Levine 4:00 – 5:30 pm ET, 1/8 – 1/29 Australian Art 1770-1960: Some Topics Erika Esau 1:00 – 2:30 pm ET, 2/19 – 3/12 Chico State Faculty Lecture SeriesW56E Sandra Flake 4:00 – 5:30 pm ET, 2/5 – 3/12 Five Spanish Artists.....W57E

Dolores Mitchell 4:00 - 5:30 pm ET, 2/12 - 3/12

See pages 20-21 for Chico State courses.

Osher Lifelong Learning Institute Course Exchange

		Oakan Lifelann	
		Osher Lifelong Learning Institute	
		Arizona State University	
	Monday	Tuesday	Wednesday
hange	Wines of California W58E Shawn Richcreek 10:00 pm – 12:00 am ET, 3/17 – 4/28 Using the Internet Effectively in Genealogical Research W59E Suzanne Young Brayer 1:30 – 3:00 pm ET, 3/31	Japanese Sake 101	Navigating Difficult Conversations: Practical Strategies in Empathy
OLLI Course Exchange	Thursday	Friday	
	Danger, Suspense, and Deception: The Best of Alfred Hitchcock	Gun Wars: History & Policy of Gun Control & Gun Violence in AmericaW66E Dr. Jared Day 3:00 – 4:30 pm ET, 1/17 – 1/31 See pages 22-24 for Arizona State University cours	es.
	c.		
		Osher Lifelong Learning Institute at Dartmouth	
	Monday	Tuesday	Wednesday
Course Exchange	Science & Technology: Horn of Plenty or Snake in the Grass? W67E Jurgen Ewert 12:30 – 2:30 pm ET, 1/6 – 2/24 Valuable Hospital Clowning Techniques You Can Use in Your Life	Diverse Minds: What We Know and Don't Know About Psychiatric Disorders and Dementias	New Hampshire in Literature, Art, and Music
	Friday		
110	Against Type: Ageism in Today's World	See pages 25-27 for Dartmouth courses.	
		OSHER LIFELONG LEARNING INSTITUTE	
	Monday	Tuesday	Wednesday
OLLI Course Exchange	Al Update, Spring 2025	Mechanisms of Gene Expression	Chen Village Tai Chi
rse	Thursday	Friday	
OLLI Cou	Celebrating the Musical Connections Between Travel, Adventure, and RomanceW81E Michael Agron 2:00 – 3:30 pm ET, 1/30 – 3/20 Judicial Supremacy	Astronomy/Geosciences	
	and the Supreme Court	See pages 28-31 for University of Arizona courses.	

Monday

OLLI at RIT Winter 2025 Course Schedule

Current Events

[NEW CONTENT] We will discuss timely topics chosen by the attendees. Class members are encouraged, but not required, to participate. All political views are welcomed and respected. Join us to "talk the talk." Discussion

Dick Scott has led many Osher at RIT courses and enjoys both presenting and attending. Helen Moore worked in Rochester news behind the scenes as a photo journalist. Rachel Adonis is retired from a career in financial services and has enjoyed attending Osher classes and participating as a course leader.

Mondays:

9:30 - 11:00 am

TEN Weeks:

January 13 – March 24 (No class January 20)





[NEW COURSE] [MULTI-PART SERIES] This course builds on the foundation established in our prior Japanese courses. We will explore the familiar/short form of verbs, adjectives, and nouns; expand our knowledge of sentence construction; grow vocabulary; explore some kanji characters; and polish our verbal skills. Required Text: GENKI: An Integrated Course in Elementary Japanese by Eri Bano, ISBN 9784789017305 Textbook (not the workbook) available on Amazon and Ebay **Enrollment Limit: 12** Audio/Visual, Discussion, Lecture, Reading, Writing

Gary Mitchell has been interested in Japanese culture for many years. At Osher at RIT he has taught courses on Japanese Woodblock Prints and Kabuki. He has taken classes in Japanese at a local college and attended immersive Japanese language courses in Kyoto and Sapporo.

Mondays:

9:30 – 11:00 am

TEN Weeks:

January 13 - March 24 (No class January 20)

In-Person Only

History of Sculpture: Part 2W3M

[NEW COURSE] [MULTI-PART SERIES] This class surveys sculpture from High Renaissance, Baroque, and Classical to Modern and Contemporary. We will consider why sculpture was made, its purpose, and who paid for it as well as the influence of culture on this important evolution. Participation in Part 1 of this course (Fall 2024) is not a pre-requisite. Audio/Visual, Lecture

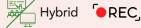
Nancy McAfee is an art historian who spent 18 years at the Cleveland Museum of Art as an educator and community outreach director including 10 years teaching AP art history. She has an AB from Cornell and an MA in art history from Case Western Reserve University.

Monday:

11:15 am – 12:45 pm

FIVE Weeks:

January 13 – February 17 (No class January 20)





Reason and Religious Belief: Problems in the Philosophy of Religion – Part 2......W4M

[NEW COURSE] [MULTI-PART SERIES] We will discuss competing conceptions of God; classical and contemporary arguments for and against God's existence; the relation between faith and reason; the relation between evil and God's existence and nature; the relation between human freedom and God's omnipotence and omniscience; the nature, possibility, and believability of miracles; the relation between science and religion; and death and the possibility of immortality. Required Text: Philosophy of Religion: An Anthology, eds. Rea & Pojman, 7th edition, ISBN 9781285197326 Participation in Part 1 of this course (Fall 2024) is not a pre-requisite. Discussion, Lecture

Walt Soffer, Ph.D., is Professor Emeritus of Philosophy at Geneseo State University of NY and recipient of the Chancellor's Award for Excellence in Teaching. His teaching and publications have been principally in the areas of ancient philosophy, modern philosophy, phenomenology and existentialism, history of political philosophy, ethics, philosophy of religion, and interdisciplinary humanities.

Mondays: **TEN** Weeks: 11:15 am – 12:45 pm January 13 – March 24 (No class January 20)





Athenaeum Book Club W5M

[NEW CONTENT] We will read and discuss two books this winter term: Knife (January) and The Heaven and Earth Grocery Store (March). Please come to this peer-led class having read each book so we can have meaningful discussions. Required Texts: Knife: Meditations After an Attempted Murder by Salman Rushdie, ISBN 0593730240 and The Heaven & Earth Grocery Store: A Novel by James McBride, ISBN 0593422945. Both books are available from the Monroe County Library. **Enrollment Limit: 35** Discussion, Reading

Maureen Murphy is a retired social worker who has been a lifelong reader. Her other retirement activities include travel, knitting, and summer escapes to her Lake Ontario cottage. After Lois Tucker retired from being a domestic violence counselor, she immediately joined the RIT Athenaeum (now Osher) and its newly formed book club. As a lifelong student and reader, she knew she had found the ideal combination of intellectual stimulation and deep friendships.

Mondays: TWO Weeks:

11:15 am - 12:45 pm February 3 & March 17





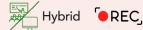
The Bayeux TapestryW6M

INEW CLASSI In 1066 the army of William of Normandy defeated the forces of the English king, Harold, at the battle of Hastings. You probably remember this from a history class at some point in your life. But, did you know that within a few years of William's conquest, the campaign was commemorated in a tapestry that still exists today? This class will examine the creation of the tapestry and the scenes it portrays and discuss how it has managed to survive for 950 years. Audio/Visual, Lecture

Chris Ryan is a retired librarian with a lifelong interest in history. She has recently focused on the intersection of art and history and has led courses on the appropriation of indigenous art by colonial powers and the Nazi art thefts during World War II.

Monday: **ONE** Week: 11:15 am - 12:45 pm

January 27





Guiding an Improved Dementia Experience......W7M

[NEW CLASS] By 2025 about 7 million Americans are expected to be living with dementia, and, if current demographic and health trends continue, more than 9 million could have dementia by 2030. The Guiding an Improved Dementia Experience (GUIDE) Model focuses on comprehensive, coordinated dementia care. It aims to improve quality of life for people with dementia, reduce strain on their unpaid caregivers, and enable people with dementia to remain in their homes and communities. These goals are achievable through Medicare payments for a comprehensive package of care coordination and care management, caregiver education and support, and respite services.

Brian Potvin, Director of Community Dementia Services at Episcopal SeniorLife Communities (ESLC), leads the GUIDE program and neighborhood programs that support the health and well-being of older adults affected by dementia. He also has worked for the Alzheimer's Association and the Arc of Monroe. Teresa Galbier, MPA, Vice President of Dementia Program Development at ESLC, leads the creation and implementation of dementia programs in the Greater Rochester area. Previously she served as President/CEO of the Alzheimer's Association, Rochester & Finger Lakes Region. Teresa is a member of the NYS Governor's Council on Alzheimer's Disease and Related Disorders, University of Rochester Medical Center Roybal Center for Social Ties & Aging Research Advisory Board as well as the SAGE II Commission of Common Ground Health.

Monday: **ONE** Week: 11:15 am - 12:45 pm

February 10





A Woman, Four Camels, and a DogW8M

[NEW CLASS] This is a 1970s epic tale of young Robyn Davidson's trek across 1,700 miles of the Australian outback from Alice Springs to the Indian Ocean with only four camels and her faithful dog. Visually stunning photographs by National Geographic photographer Rick Smolan tell the story not only of Robyn's physical challenges but her remarkable ability to connect with the Aborigines and to reach a deep understanding of their own challenges in a country determined to rid them of their ancestral lands. Audio/Visual, Lecture

A veteran presenter of narrative history courses at Osher at RIT, **Debbie Huff** is pleased to present a transformative story of a woman half a world away from us.

Monday:

11:15 am - 12:45 pm

ONE Week: February 24





Love, Labels, and Learning: LGBTQ+ Basics......W9M

[NEW CLASS] This is an introduction to understanding LGBTQ+ identities, experiences, and culture. We will explore key terms such as sex, gender identity, and sexual orientation as well as common abbreviations (LGBTQIA+ etc.). We will also discuss significant events, important figures, and cultural milestones of LGBTQ+ history. This class will also discuss common misconceptions, addressing discrimination and bias as well as how to foster inclusive and supportive environments in your communities. If you're new to these topics, this session offers a welcoming space to learn and ask questions. Discussion, Lecture **Note:** The course leader will be presenting remotely via Zoom.

[NEW COURSE LEADER] Tracy Mitchell, M.Ed., is a sexuality educator and the former Associate Director of Community Health Initiatives at Trillium Health where she taught sex education and HIV prevention in schools, rehab facilities, jails, clinics, and colleges. She currently resides in Florida where teaching human sexuality is a legal gray area.

Monday:

11:15 am - 12:45 pm

ONE Week:

March 3



A Virtual Tour of PortugalW10M

[NEW CLASS] Join us on a virtual trip to Portugal through the eyes, photos, and videos of the course leader. As one of a group of three, she recently toured the country on a 10-day trip in an unusual way that worked well. We will journey to Lisbon, Porto, Douro Valley, and Lagos in Algarve including a fascinating visit to a cork farm, a must-see well in Sintra, and a skull-decorated chapel. And wait til you see the dinner photos...enticing! Audio/Visual, Lecture

Sandra Condry, a 10-year Osher at RIT member, likes to travel and take way too many iPhone photos and videos. Her trip research leads to a lot of interesting background information.

Monday: 11:15 am – 12:45 pm

ONE Week: March 10





Express Yourself Through Writing Fiction......W11M

[NEW CONTENT] Each week share your stories with a community of supportive writers in an atmosphere that encourages growth and risk taking. Assignments are built around a learn-by-doing philosophy using an 800-word-flash-fiction model. All genres of fiction are welcome, and all skill levels from beginner to world-famous author are embraced. Whether you write for personal pleasure or with an eye towards eventual publication, this course has something for you. Enrollment Limit: 13 Discussion, Reading, Writing

Gary Mitchell is a published author with works in both the fiction and non-fiction realms. He learned to write through the share-and-critique model of literary improvement. There are three keys to writing mastery: practice, practice, and practice.

Mondays: 1:30 – 3:30 pm

TEN Weeks: January 13 – March 24

(No class January 20)



Frankenstein: The Novel

[NEW COURSE] Totally unlike any of the movies! Mary Shelley's classic novel, Frankenstein; or, The Modern Prometheus, is a major work of Romantic philosophy, standing on the shoulders of her famous father, mother, and husband, Percy Bysshe. It is certainly a relevant cautionary tale about science, but, more deeply, it is a critique of Romantic idealism about human nature and social development. Required Text: Frankenstein by Mary Shelley, ed. Johanna Smith, 2nd Edition, ISBN 9780312191269 Course Website: https://sites.google.com/view/frankensteinosher Enrollment Limit: 25 Discussion, Lecture, Reading

Donna Richardson is Professor Emerita of English at St. Mary's College of Maryland. She loves teaching classic poetry of all kinds, above all her specialty, British Romanticism, and additional random novelists including Tolstoy and James Fenimore Cooper.

Mondays: 1:30 – 3:30 pm

TEN Weeks: January 13 – March 24

(No class January 20)





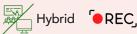
What It Was: Growing Up When the Music MatteredW13M

[NEW CLASS] As the first rock music columnist for The Denver Post and a regional stringer for Rolling Stone magazine, James Pagliasotti had a front-row seat during an interesting period in music history. Using his coming-of-age memoir and book of the same name, he will share his experiences during the post-war years of the 50s, 60s, and 70s. View the class trailer: https://vimeo.com/1028969856 Discussion, Lecture Note: The course leader will be presenting remotely via Zoom.

[NEW COURSE LEADER] At age 23 James Pagliasotti became the first rock music critic and columnist for The Denver Post from 1968-74. His work appeared in Rolling Stone magazine and various other publications. He also was a deejay at KRNW-FM radio in Boulder and later at KFML AM&FM in Denver.

Monday: **ONE** Week

1:30 - 3:00 pm January 13





[NEW CLASS] Ever been in a conversation where you think you hear someone, but can't quite make out what they're saying? Does it sound like people mumble? Join us as we dive into understanding hearing loss. We'll uncover the mysteries behind this struggle, discover the latest tech, and learn how to support those who live in a world of whispers.

[NEW COURSE LEADER] Amanda Picioli, M.E.D., Au.D., CCC-A is the Chairperson of Communication Studies and Services at the National Technical Institute for the Deaf (NTID) at RIT. She is a graduate of Geneseo State University of New York (BS), Smith College (M.E.D.), Syracuse University (MS), and the University of Florida (Au.D.). Dr. Picioli practices as an audiologist/ cochlear implant specialist. She is proud of staying current in the field with a focus on all aspects of hearing loss and Deafness with an area of expertise in technology.

Monday: **ONE** Week 1:30 - 3:00 pm January 27



So You Think You'd Like to Start a Book Club... W15M

[NEW CLASS] Gene Clifford has been a member of the same book club for 38 years, and he has some tips for those who may want to start a book club. Discussion, Lecture

Gene Clifford has been a member of Osher at RIT for more than 12 years and has led a number of courses.

Monday: **ONE** Week 1:30 – 3:00 pm February 10





History of the Periodic TableW16M

INEW CLASSI The periodic table is the bane of many a science student, but it has a fascinating history. It continues to evolve 150 years after Mendeleev sketched the first groupings of chemical elements and penned the Periodic Law. Lecture

[NEW COURSE LEADER] Mary Eberhardt fell in love with chemistry in high school and has been in the field ever since. With a career that spans both industrial and academic positions, she enjoys spreading the love for science to all curious people.

Monday: **ONE** Week 1:30 - 3:00 pm February 17





Microplastics All Around Us......W17M

[NEW CLASS] Lately microplastics have been making headlines. Identified in the Great Lakes in 2013, they have since been detected in freshwater, oceans, and municipal water supplies around the world. This class will describe the nature of microplastics, the prevalence of microplastics in the food chain, and the detection of microplastics in our bodies. Lecture

[NEW COURSE LEADER] Mary Eberhardt fell in love with chemistry in high school and has been in the field ever since. With a career that spans both industrial and academic positions, she enjoys spreading the love for science to all curious people.

Monday: **ONE** Week 1:30 - 3:00 pm March 3





Tuesday

OLLI at RIT Winter 2025 Course Schedule

Franz Schubert: The Last Two Years

[NEW COURSE] When Franz Schubert died at age 31, he had completed well over 1,000 works. But very few of his instrumental compositions had received even a single performance during his lifetime. Many were only discovered decades after his death. This class looks primarily at music he wrote in his last two years. This is one of the greatest bodies of work written over a similar interval by any composer even though his health was rapidly failing. We will watch and discuss videos of solo piano works, trios, a quartet, a quintet, symphonies, choral music, and some of his last songs.

Course Website: http://thoughtlab.photography Audio/Visual, Lecture

Richard Mallory has been an Osher at RIT member since 2012 and has led 31 previous courses on a variety of subjects.

9:30 - 11:00 am Tuesdays:

TEN Weeks: January 14 - March 18



Great Decisions 2025......W19T

INEW COURSE] The Foreign Policy Association (FPA) is generally considered to be objective, non-partisan, and apolitical. For over 100 years its mission has been to develop awareness and understanding of US foreign policy through its Great Decisions course. The FPA annually publishes a book and video lectures on foreign policy to be presented in classrooms across the country. Required Text: Great Decisions 2025 by the Foreign Policy Association will be available for purchase at fpa.org by late December 2024. The print version is highly recommended; the e-book format is NOT useful in class. Audio/Visual, Discussion, Lecture, Reading

Dick Scott has presented many courses at Osher at RIT. His experience as an ICBM Launch Officer over a half century ago continues to influence his opinions about our foreign policy.

9:30 – 11:00 am Tuesdays:

EIGHT Weeks: January 28 – March 18





[NEW COURSE] This course examines the economic, political, social, and cultural aspects of US relations with the nations of the Middle East. Prior to WWI our interests in the Middle East were education, commerce, and religious missions. Following WWII the region became increasingly important to us. We will discuss Truman and the creation of Israel; Arab nationalism; the energy crisis of the 1970s; the First Palestinian Intifada; the Gulf War; and Osama bin Laden, 9/11, and its aftermath. Note: The course leader will be presenting remotely via Zoom. Audio/Visual, Discussion, Lecture

Marie Levin had a career in clinical laboratory science. She has led history courses at Osher at RIT for 20 years including the history of Mesopotamia, Egypt, Russia, India, Rome, and Greece.

Tuesdays: 9:30 – 11:00 am

TEN Weeks: January 14 – March 18 Zoom Only •REC,

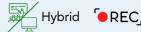


The Adirondacks: New York's Great Wilderness Park.....

[NEW COURSE] The largest park in the nation outside of Alaska is the Adirondack Park in New York which is comprised of 6 million acres (9,375 square miles—the size of Vermont), nearly half of which is protected by the state's constitution to remain a "forever wild" forest preserve. Although the mountains are formed from ancient rocks more than 1 billion years old, geologically the mountains are relatively young and were created during recent periods of glaciation. We'll discuss the park's long geologic history, its fascinating culture, and past conflicts that led to its creation. Discussion, Lecture

Tim McDonnell has been a proud OLLI at RIT member since 2005, and he has led many courses during this time. He is the Coordinator of the NY Geographic Alliance, and at Osher, he serves as the chair of the Summer Seminar Committee.

11:15 am - 12:45 pm Tuesdays: **TEN** Weeks: January 14 - March 18





Linguaphile: A Life of Language LoveW22T

[NEW COURSE] Linguaphile (2024) is a memoir of a life steeped in love and exploration of language by Julie Sedivy linguist, cognitive scientist, prose writer, and poet. The book follows the path that language takes throughout our lives and gives an accessible overview of its science. She elucidates language's mysteries which helps deepen our appreciation of it. Whether you are interested in the sciences or the humanities, reading the book will be a revelatory experience. Michael Tanenhaus will lead the discussion, providing suggested questions and, occasionally, supplementary scientific background. Required Text: Linguaphile: A Life of Language Love by Julie Sedivy, ISBN 9780374601836 Discussion, Reading

Michael Tanenhaus is a retired psycholinquist/cognitive scientist who has led 10 OLLI at RIT courses. He was awarded the 2018 Rumelhart Prize for his work on language comprehension.

Tuesdays: **EIGHT** Weeks: 11:15 am – 12:45 pm January 14 – March 4



Everyone has a life story worth preserving. While writing your memoirs can take time and energy, it can also be personally fulfilling and beneficial to document your light-hearted and/or serious life experiences. In this non-critical course, you will write at home and then share in class the unique gift you are creating for posterity. Reading, Writing

Carol Samuel is an enthusiastic veteran Memoirs course leader. A retired obstetrical nurse, she believes there is much convincing evidence today for the value of writing memoirs.

Tuesdays:

11:15 am – 12:45 pm

TEN Weeks:

January 14 - March 18



Conversational French: Intermediate Level W24T

[NEW COURSE] With written and pictorial materials, we'll converse in French on a variety of topics such as food, meals, and favorite restaurants; travel; sports and outdoor activities; work and leisure activities; favorite books and films; and anything else the class would like to discuss. There may be a little grammar review, but the primary focus will be increasing participants' vocabulary and conversational ability. Optional reference texts will be discussed in class.

Enrollment Limit: 20 Audio/Visual, Discussion

[NEW COURSE LEADER] Joy Goodman spent most of her career practicing law in Montreal where she lived with her husband, a native Montrealer. While English is her native language, she speaks and writes French fluently.

Tuesdays:

1:30 – 3:00 pm

TEN Weeks:

January 14 – March 18



[NEW COURSE] We'll read and discuss Mrs. Dalloway in a deep and leisurely way. This complex and pathbreaking novel embodies Woolf's personal life, the influence of the Bloomsbury group, the Great War, and radical cultural changes of the years leading up to its publication in 1925. We'll use films, photography, and other elements to help expand our understanding of the novel. Enrollment Limit: 25 Discussion, Reading, Writing

Lisa Jadwin, Ph.D., taught university-level English and American literature as well as film studies for more than 35 years. Now retired, she enjoys teaching and learning at Osher at RIT because members' participation makes classes stimulating and fun.

Tuesdays:

1:30 – 3:30 pm

TEN Weeks:

January 14 – March 18



[NEW CONTENT] We will delve into the inner workings of western tonal music by examining form, timbre, and instrumentation which delineate classical music from the Renaissance period to today. Additionally, we'll examine compositions to learn the various techniques a composer might use to connect with the listener. Recorded and live performances will supplement lecture and discussion. Audio/Visual, Discussion, Lecture

For the past decade at Osher at RIT, Al Mathias has been presenting courses such as classical and jazz music, music composition, and music's relation to math and physics as well as a course examining strategic thinking.

Tuesdays:

1:30 – 3:00 pm

TEN Weeks: January 14 – March 18





Wednesday

OLLI at RIT Winter 2025 Course Schedule

Discussing The New Yorker Magazine

[NEW CONTENT] Using the current issue as a jumping off point, we conduct lively discussions of a very broad range of topics, from today's culture, current events, fiction, history, and, of course, the famous cartoons. When appropriate very short videos are shown that provide background to articles being discussed. We stay one week behind the current issue, so you have time to read it. We will start with the January 6, 2025 issue. Required Text: Hard copy or e-copy of The New Yorker magazine by subscription, individual issue purchase, or library copy. Enrollment Limit: 20 Audio/Visual, Discussion, Reading

Joan Dupont and **Steve Levinson** really enjoy having an opportunity to discuss articles they read in *The New Yorker* magazine with class members whose understanding of the topics really furthers their appreciation of this amazing magazine.

Wednesdays:

9:30 - 11:00 am

TEN Weeks:

January 15 - March 19



[NEW COURSE] This course explores the musical legacy of one of the American popular song's most creative vocal interpreters, Ella Fitzgerald. Her singing represents a blend of technical mastery, emotional depth, and playful improvisation, making her a timeless figure in the world of music. The course will feature an in-depth survey, from her first recording I'll Chase the Blues Away (1935) to her last The Nearness of You (1989). Audio/Visual, Discussion, Lecture

Peter Luce has taught jazz history courses at Osher at RIT and the Chautauqua Institution. Beyond jazz, his interests include drawing, photography, and hiking.

Wednesdays:

9:30 - 11:00 am

FIVE Weeks:

January 15 - February 12





Irish Culture and Literature

[NEW CONTENT] This course will present various aspects of Irish culture and tradition reflected through prose, poetry, and multimedia. Our focus this term will be on recipients of the Nobel Prize for Literature: George Bernard Shaw, William B. Yeats, Samuel Beckett, and Seamus Heaney. Audio/Visual, Discussion, Lecture, Reading

Jack Callaghan endeavors to continue the advancing of Irish culture and literature at Osher at RIT.

Wednesdays:

9:30 – 11:00 am

FIVE Weeks:

January 15 – February 12

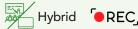


[NEW CONTENT] We will engage in a lively, orderly discussion involving contemporary events submitted by members of the class. Discussion

Terri Hurley has been an Osher at RIT member for over 15 years. She moved here from California and has different experiences to share with the class.

Wednesdays: **TEN** Weeks:

11:15 am – 12:45 pm January 15 - March 19



Free Will?......W31W

[NEW COURSE] Robert Sapolsky, a prolific scientist, published Determined (2023) in which he argues that free will does not exist. The course leaders think that most people disagree: they feel a sense of agency and believe they determine what they do. We will discuss free will from philosophical and scientific perspectives, addressing some of Sapolsky's arguments, but ranging more widely. We reject the Cartesian duality between mind and body and avoid theological arguments. You don't have to read the book. We will lecture, alternating philosophy and science, and discuss it all in a final class session. Audio/Visual, Discussion, Lecture

Moshe Cahill is a philosopher, and Roger Gans is an emeritus professor at the University of Rochester. They both have led many courses at Osher at RIT.

Wednesdays: **SEVEN** Weeks: 11:15 am – 12:45 pm

January 15 - February 26

In-Person Only

Writing WorkshopW31bW

[NEW CONTENT] Following the Writing Workshop format, each class starts with a short lesson about some aspect of the writing craft. Participants then have time to write on a topic of their choice and conference with class members. We cover a variety of genres and styles in a friendly environment. Enrollment Limit: 15 Audio/Visual, Discussion, Lecture, Writing, Workshop

Our Osher course-leader team of Jeanne Strining, Jim Hooper, and Diana Lockhart include respectively: a Writing Workshop course designer who taught in Brighton and Webster schools; a teacher and manager of human service providers; and a lover of words, sucker for superior sentence structure, and adorer of alliteration.

Wednesdays:

11:15 am – 12:45 pm

O In-Person Only

TEN Weeks:

January 15 - March 19

[NEW COURSE] [MULTI-PART SERIES] We will continue to explore the new developments in medicine and biotechnology and how they impact our health and well being. Participation in previous parts of this course is not a pre-requisite. Audio/Visual, Discussion, Lecture

Alex Marcus is a retired physician who has been leading courses at Osher at RIT for over 20 years on subjects relating to medicine and neuroscience. He has training and experience in internal medicine, neurology, and psychiatry.

Wednesdays:

1:30 – 3:00 pm

TEN Weeks: January 15 - March 19 Zoom Only GREC

Hannah Arendt's The Origins of Totalitarianism.......W33W

[NEW COURSE] Arendt, writing after the horrors of World War II, identified a new type of government: totalitarianism. She treats Nazism and Communism, not as emblems of the Right and Left, but as similar movements for total domination through propaganda, terror, and camps. We will mix history and theory and trace totalitarianism's origins from anti-semitism and imperialism. Optional Text: The Origins of Totalitarianism by Hannah Arendt Discussion, Lecture, Reading

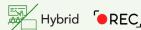
Tom Low has led many Osher at RIT courses on thinkers ancient (Plato, Aristotle, Marcus Aurelius, etc.) and modern (James, Berlin, Orwell, etc.).

Wednesdays:

1:30 – 3:00 pm

SEVEN Weeks:

January 15 - February 26







OLLI at RIT Winter 2025 Course Schedule

Five Documentary Films To Provoke Reflection and Discussion......W34Th

[NEW COURSE] As a class we will screen five feature-length films, first watching each as a group and then deeply discussing that film the following week. The films are complex, and they engage the human relationship to animals and the ethical relationships between people in challenging situations. The films are Grizzly Man, Finding Vivian Mayer, Blackfish, Buck, and Touching the Void. In addition to watching the films and discussing them, we'll touch briefly on how to watch a movie as well as formal elements like cinematography, production design, and editing. Audio/Visual, Discussion, Lecture

Lisa Jadwin, Ph.D., taught college English and film for 35 years. Now that she's retired, she has found a new and vibrant teaching and learning home at Osher at RIT.

Thursdays:

9:30 – 11:30 am

TEN Weeks:

January 16 - March 20

In-Person Only REC

[NEW CLASS] This class will introduce the history of Origami and allow attendees to better understand this artform through hands-on creation of several Origami constructions. **Note:** This course is a repeat of W35Th – register for either W35Th or W36Th, not both. Enrollment Limit: 12 Lecture, Workshop

Gary Mitchell, [NEW COURSE LEADERS] Kathy Clark, and Elaine Beyer all share an interest in Japanese culture, motivated by family ties, Japanese pottery, or trips to this island nation to study language and participate in immersive cultural experiences.

Thursday:

9:30 - 11:30 am

ONE Week:

March 13

In-Person Only

Origami: The Japanese Art of Paper Folding (section 2)......W36Th

[NEW CLASS] This class will introduce the history of Origami and allow attendees to better understand this artform through hands-on creation of several Origami constructions. Note: This course is a repeat of W65Th - register for either W35Th or W36Th, not both. Enrollment Limit: 12 Lecture, Workshop

Gary Mitchell, [NEW COURSE LEADERS] Kathy Clark, and Elaine Beyer all share an interest in Japanese culture, motivated by family ties, Japanese pottery, or trips to this island nation to study language and participate in immersive cultural experiences.

Thursday:

9:30 – 11:30 am

ONE Week:

March 20

In-Person Only

You Be the Critic: A Film Discussion GroupW37Th

Class members select three movies weekly and are expected to independently view at least one of the three (two at local movie theaters and one streaming on Netflix or Amazon Prime). This offers class participants the opportunity to engage in discussion of the films by commenting on exploration of themes and plot twists, cinematography, acting, directing, characters, and hidden meanings. A fun-filled movie discussion class, we dive into the films then rate them on a scale of 1-10 with no pressure but plenty of laughs and learning. Discussion

Sandra Vallot is a lifelong movie fan who enjoys viewing films across genres and enjoys viewing movies in the theater or the convenience of streaming platforms. She enjoys discussing movies with members from a wide variety of backgrounds and expertise.

Thursdays:

9:30 - 11:00 am

TEN Weeks:

January 16 - March 20





Pfaudler Lecture Series: Thursdays, 12:15 – 1:30 pm ET

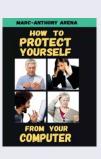
NEW: Members can now register for Pfaudler lectures when you register for classes. Non-members may register via the links found on our calendar (https://www.rit.edu/osher/calendar).



Week One: January 16



Marc-Anthony Arena—Podcaster, Author, Public Speaker Marc-Anthony Arena specializes in presenting technology concepts to seniors. Self-described as "The Computer Exorcist", he discovered the fact that the world is comprised of intelligent people who are just overwhelmed by technology. Unfortunately most "computer guys" talk down to their clients, use outdated methods, worship recurring-revenue schemes, or simply don't show up. So if you want someone to explain tech concepts and how to avoid online scams, all in plain English, you've come to the right place!



Week Two: January 23

The Good, the Bad, and the Ugly:

The 1971 Attica Uprising and the 30-Year Civil Rights Litigation that FollowedW39Th



Hon. Ellen M. Yacknin, Retired Rochester City Court Judge As a Federal Court law clerk in Buffalo, Judge Yacknin discovered a dormant complaint that the Court was about to dismiss. Her actions and subsequent involvement in the ensuing civil rights litigation helped to achieve the Attica Prison settlement, the largest prisoners' rights settlement in US history.



Week Three: January 30

Unpacking the Myth that English Is Now a Global LanguageW40Th



Mary Jane (MJ) Curry, Ph.D.—Associate Professor, University of Rochester's Warner School of Education

English is often considered the de facto global language. Dr. Curry will unpack the myth that "everyone" speaks English by exploring who actually has access to "English," **(III)** SCHOOL OF EDUCATION

what the term "English" actually covers, and how languages function as a type of global cultural capital that may give speakers access to the globalized economy but may do so at a cost to their local languages and cultures. Is English really the global language?

Week Four: February 6

Recent Discoveries about Planets Orbiting Other Stars......W41Th



Michael Richmond, Ph.D.—Professor, School of Physics and Astronomy, College of Science, Rochester Institute of Technology What have we learned about planets orbiting other stars? What is their size, location, and potential to support life? Dr. Richmond will share his particular interest in exoplanets after his return to RIT this winter from study in Japan where he worked with astronomers to build a special wide-field astronomical camera. As director of the RIT Observatory, he

has spent quite a few nights there measuring variable stars and supernovae. He also is RIT's liaison to the telescope at Kitt Peak National Observatory in Arizona.

Week Five: February 13

BRICS Expansion and the Future of World Order......W42Th



Kate Washington—Adjunct Professor, University of Rochester's Simon Business School In October 2024 at the invitation of Vladimir Putin, the founding members of BRICS—Brazil, Russia, India, China, and South Africa—formally welcomed five new members: Egypt, Ethiopia, Iran, Saudi Arabia, and the United Arab Emirates (UAE). BRICS is an important global economic evolution that is significant to the current geopolitical landscape, and we will discuss the historical and emerging significance for the participating countries and the implications for the challenge to the dominant currency.

Week Six: February 20

Re-Entry after Incarceration in Rochester: Perspectives, Barriers, and Why It MattersW43Th



Elizabeth Martinez, DeShawn McLamore, and Lisa Buscemi—Spiritus Christi Prison Outreach Elizabeth, DeShawn, and Lisa will present their unique perspectives on re-entry in Rochester. Drawing from distinct life experiences, they explore the misconceptions surrounding incarceration and re-entry, the critical barriers that individuals face, and the values that drive their



work. The discussion will challenge attendees to consider the broader implications of re-entry, no matter their views and opinions. Attendees will leave with practical insights on how they can engage with this crucial issue.

Week Seven: February 27 Behind the Scenes at the LibraryW44Th



Adrienne Pettinelli—Director of the Henrietta Public Library People who use libraries tend to think of them as havens or sacred places. People who work in libraries know them to be vibrant places bustling with many different types of people who walk in with wildly

different, and sometimes conflicting, needs. Adrienne will share stories Public from her 26-year career and give you a peek into what public libraries

are today and how they have (and haven't) changed over the last few decades.

Week Eight: March 6



Dennison "Denny" Wright—Former Officer, Rochester (NY) Police Department (RPD) In 2019 a routine domestic disturbance call transformed into a life-changing incident for Officer Denny Wright, a 23-year veteran of the RPD. While responding to the call, he was repeatedly stabbed in the face and elsewhere on his body which ultimately cost him his vision. Rather than surrender a loaded weapon to the attacker, Officer Wright wisely ejected the magazine from his gun and fired the remaining bullet in the chamber, demonstrating quick thinking in a dangerous situation. His return to "normalcy" includes horses and skydiving.



Week Nine: March 13

We're Being Hacked: RIT Cybersecurity to the Rescue!......W46Th



Justin Pelletier, Ph.D.—Professor of Practice and Director of the Cyber Range and Training Center, Rochester Institute of Technology (RIT) The list of cyberattacks and threats worldwide is endless. The July 19, 2024 "Blue Screen of Death" caused a major disruption worldwide when an update failed. Several recent AT&T failures have disrupted 911 service. Hospitals are breached, and paying ransoms appears to be the only answer to regaining access to vital

medical records. What can be done to counter or prevent such massive chaos? What part does RIT play in developing global strategies to combat hackers?



Leah Stacy—Editor-in-Chief, CITY Magazine

Leah's diverse background has equipped her with a unique perspective on the evolving landscape of media. Her commitment to storytelling and community engagement is evident in the innovative content CITY produces which not only highlights local culture but also addresses pressing social issues. Under her leadership the magazine has expanded its reach, integrating multimedia elements that resonate with a younger audience while retaining the loyalty of its long-standing readers.



[NEW COURSE] The Active Communication Education (ACE) program is an interactive, discussion-based program that teaches participants to problem solve communication challenges they face in everyday life because of hearing difficulties. Participants learn to answer questions like: Why can't the person with hearing loss understand in this situation?... What's the source of the problem?... What can be done to fix it? ACE is designed for people with hearing loss or hearing difficulties regardless of whether they use hearing aids as well as family or friends of people with hearing loss. Enrollment Limit: 12

Erin Pickett, Au.D., CCC-A/SLP has been an audiologist at the National Technical Institute for the Deaf (NTID) at RIT for 10 years. She holds NYS audiology, hearing aid dispenser, and speech-language pathology licenses, and she is dual certified in audiology and speech-language pathology through the American Speech-Language-Hearing Association. She enjoys helping clients with hearing loss meet their listening and communication goals through the use of technology and aural habilitation/ rehabilitation.

Thursdays: 1:45 – 3:45 pm

FIVE Weeks: January 16 - February 13 In-Person Only

Conversational Spanish: Intermediate LevelW49Th

[NEW COURSE] Would you like to maintain and improve your Spanish in a fun and supportive small group environment? Then this is the class for you! As a group we agree on the format and share the responsibility for moderating each session. We all read the same section of a book as homework (around 30-45 minutes) before each class and bring in supplemental materials for additional interest. We try to keep all conversation in Spanish, helping each other with unfamiliar words and grammar. This is a no-pressure environment. Required Text: Stories from Puerto Rico (Side by Side Bilingual Books) by Robert L. Muckley and Adela Martinez-Sanchez, ISBN 9780071701754 Enrollment Limit: 12 Discussion, Reading, Peer Group

Kathy Lewis has been participating in Osher at RIT's Conversational Spanish class for over 10 years. She enjoys the collaborative nature of the class, and it has enabled her to keep up her Spanish.

[NEW COURSE LEADER] Michael McCue studied Spanish in high school and college. While he has used his Spanish in his work and travels, he is still learning and has not mastered the Subjunctive forms.

Thursdays: 1:45 – 3:15 pm

TEN Weeks: January 16 - March 20 Hybrid REC

Sherlock Holmes: South by Southeast......W50Th

[NEW COURSE] While most of the Sherlockian canon takes place in and around London, there are several stories which are set in the Southeast of England and in Cornwall. We will explore these stories and look at some background information regarding the story development process. Optional Text: Any copy of The Complete Sherlock Holmes by Arthur Conan Doyle Course Website: sites.google.com/view/sherlock-at-osher-at-rit/home Audio/Visual, Discussion, Lecture, Reading

Bill Brown has been an Osher at RIT member and course leader for many years. He has led courses on Sherlock Holmes, Frank Loesser, and various technology-related topics. He is a member and former leader of the local Sherlockian Scion Society— Rochester Row.

Thursdays: 1:45 - 3:45 pm

FIVE Weeks: February 20 - March 20





A SIG (Special Interest Group) is an informal community of Osher members who gather in order to pursue and enjoy a shared interest. Don't see what you want? You can start a new SIG. Contact staff at **osher@rit.edu** for details.

The following SIGs are currently meeting:

SIG	COORDINATOR	DESCRIPTION
Mac Computers (OS X) iPhone/iPad (iOS)	Tom Lathrop	Discussions, problem solving, members helping members, sharing tips and tricks, and demonstrations
Mystery Novels	Chris Ryan & Cindy Proano	The group meets on the third Friday of each month at 1 pm. We welcome new members and suggestions for titles to read
Photography	Loretta Petralis	The group focuses on reviewing members' photos and sharing camera setting and photo editing techniques.
Purls of Wisdom (knitting & needle craft)	Terri Hurley	For all experience levels, come learn and share techniques.
Travel	Jane Eggleston	Share your favorite photos, memories, and experiences of your previous travel adventures.
Walking Group	Helen Moore	This is an outdoor walking group for interested members.



Members of the Walking SIG on an outing during the 2024 annual picnic

Join us at our Winter Course Preview and Fair Monday, December 16, 2024

10 am: Course Preview Presentation 11 am: Course Fair & Reception

Join us for the course preview presentation in person or via Zoom! For Zoom meeting details, contact osher@rit.edu

We are pleased to be partnering with other Osher Lifelong Learning Institutes (OLLIs) to provide our members more course offerings at no additional charge. Thanks to time zone differences we are now able to offer you late afternoon and evening classes!

> Sign up for these courses through our registration system, not through the partner OLLI sites.



Conservation Burial: The Greenest Way to "Go"......W51E

Let's face it! We are all going to "go" one of these days, and conservation burial is the greenest way. Learn about the science and practice of natural burial, as well as other alternative disposition methods, like water cremation and human composting. We will discuss the conservation burial movement and its connection with land conservation and restoration.

Mary Ann Perry is the sexton at The Forest Conservation Burial Ground and has been educating our community on end-of-life planning topics, including green burial and home funerals, for over five years. She is also an environmental educator and former classroom teacher. She participates with the National Home Funeral Alliance and the Green Burial Council. She is a former board member with the Conservation Burial Alliance.

1:00 - 2:00 pm ET Tuesdays: **THREE** Weeks: **January 7 – 21**





Intro to Prismacolor Pencils

This class will specifically introduce participants to Prismacolor pencils and how to use them. Since Prismacolor pencils have a wax base, it is important to know how to use and care for them properly. The class will cover the types of paper to use, basic procedures for color swatching, color blending strategies, layering techniques, sharpening methods, and preparing for and working on a complete colored pencil drawing. With a thoughtful approach, proper blending, and some patience, completed Prismacolor pencil drawings can look like paintings. Materials List: A set of 12 or more Prismacolor Pencils; Prismacolor Colorless Blender Pencil; 9" x 12" Strathmore Bristol Vellum Series 400 tablet (15 sheets/brown cover); Vinyl eraser such as one of these: Pentel Hi-Polyner Block Eraser, Tombow Mono Zero Eraser, or Staedtler Mars Plastic Vinyl Eraser; Washi or painter's tape. Optional Materials: Sakura Cordless Sumo Grip Electric Eraser; Dusting Brush (for drafting/drawing)

Cris Guenter is both an artist and an educator. She is professor emerita in the School of Education at Chico State and was named the 2008 National Art Educator of the Year by the National Art Education Association. She has been exhibiting her artwork in regional, national, and international exhibitions since 1972. She is currently serving as chair of the National Art Education Foundation.

Tuesdays: 1:00 - 2:30 pm ET **SIX** Weeks:

January 7 - February 11

Zoom Only REC.



Let's Keep Knitting......W53E

Knitting with others is a wonderful learning environment. This class is designed to give knitters who have mastered the basic stitches of knit and purl a chance to work on a project of their choosing while we chat and share ideas online with other knitters. All levels of ability are welcome! Gale contributes to the class by offering tips and suggestions for patterns, yarn, and tools based on her years of knitting experience.

Gale Ulvang, a lifelong knitter, has made a hobby out of collecting odd bits of information and techniques she can use to improve her knitting projects. She promotes using internet resources to find patterns and expand skills and loves sharing that knowledge with others. She learned the Fibonacci sequence as a scheme for striping in hats and scarves and was inspired to learn more about how it can improve artistic composition.

Tuesdays: **TEN** Weeks:

6:00 - 7:30 pm ET

January 7 - March 11

Zoom Only • REC



.....W54E Zen Drawing 101

Drawing as a form of relaxation and meditation? Yes! Drawing accesses parts of your brain that are not so active in our twentyfirst-century life. This will give you a break from the constant input of modern life and instead put you into a relaxing, creative space. You will learn and practice several relaxing styles of abstract, non-representational drawing in which there is no wrong way to do it. No drawing experience or "talent" required. Stick-figure drawing level skill works.

A graduate of Chico State, **Susan Levine** has enjoyed teaching in several aspects of her life for many years. While working as a library clerk for elementary schools in Chico, she taught hundreds of kids to play cribbage. As a longtime adult volunteer in Girl Scouts, she helped train troop leaders to take their girls camping. She has been leading OLLI classes as a volunteer instructor since 2010. She is married to retired local CPA Bernie Levine.

Thursdays: 4:00 - 5:30 pm ET **FOUR** Weeks: **January 8 - 29**

□zoom Only •REC,

Australian Art 1770-1960: Some TopicsW55E

We will look at the Australian continent's artistic history since its colonization by the British in 1788. Topics include expeditionary artists, Australian Impressionism, women artists 1880-1960, Australian and Californian aesthetic connections, Australian photography, and what Robert Hughes called "the last great art movement of the 20th century": Aboriginal art.

Erika Esau was born and raised in California, but lived and worked in Australia and Europe as well. She received a PhD in art history from Bryn Mawr College, Pennsylvania. She taught modern art history at Lawrence University in Wisconsin and at the Australian National University, Canberra, Australia. She also worked at the Los Angeles County Museum of Art as a librarian in the Rifkind Collection of German Expressionist Studies. She is the author of books and articles on Californian, Australian, and German art.

Thursdays: 1:00 - 2:30 pm ET Zoom Only GREC

FOUR Weeks:

February 19 – March 12

Chico State Faculty Lecture SeriesW56E

Chico State's tradition of academic excellence goes back more than 130 years. With over 850 faculty members and 13,000 students, the University's teaching and learning community is thriving. Discover the imagination, cutting-edge research, and expertise that flourishes in our own backyard! This series features a different speaker each week, similar to Pfaudler lectures.

Sandra Flake retired from the English Department at Chico State, where she enjoyed teaching general education courses "American Indian Literature" and "Literature for Life" for several years, following a long career in academic administration (provost at Chico State and the University of West Florida, academic dean at the University of Northern Colorado and the University of Wisconsin-La Crosse). She earned her doctorate in English, with a focus on fiction, at the University of Wisconsin-Milwaukee and taught literature and composition there and, subsequently, at the University of Minnesota, where she also directed a learning center.

4:00 – 5:30 pm ET Thursdays:

Zoom Only OREC.

SIX Weeks:

February 5 – March 12

Five Spanish ArtistsW57E

Through lectures, videos, and discussions, we will consider five Spanish artists – Velázquez, Goya, Sorolla, Picasso, and Dalí – who had major impacts on the movements of realism, impressionism, cubism, and surrealism. Participants will receive emails with something to read, something to watch, and a discussion preparation exercise in advance of each class meeting.

Dolores Mitchell received a BA in studio art and a PhD in art history from UCLA in 1970 and taught "Renaissance to 20th Century Art History" at Chico State for 30 years. She co-founded Chico's Avenue 9 Gallery, where she exhibited her art until the gallery closed in 2015. Dolores now focuses her energies on painting.

Thursdays: 4:00 - 5:30 pm ET Zoom Only • REC.

FIVE Weeks:

February 12 – March 12



Wines of California

Many people living in the West are very comfortable buying and ordering California wines, especially those from Napa Valley and Sonoma. However, there are more than 150 different officially recognized growing regions in California. In fact, the oldest grapevine in the state is in Los Angeles. In this class, we will explore some of the state's less well-known wine growing regions (especially those of Southern California) with the same curiosity and excitement as we do some of the more famous northern appellations. An OPTIONAL recommended wine list will be sent out 24 hours before each class for any participants who wish to purchase any of the wines/grapes/styles we will be discussing that week.

Shawn Richcreek is passionate about people, passionate about wine education and most importantly, he is passionate about providing amazing customer experiences! He is currently the West Coast Regional Business Partner for Total Wine & More, supporting 70+ locations. Shawn also teaches wine education classes for Arizona State University's Osher Institute and California State University San Bernardino's Osher Institute in Palm Desert. Prior to Joining Total Wine & More, Shawn worked for 13 years for Beverages & More where he was the Director of Training for their retail stores. Prior to that, Shawn was the Southern California wine buyer for Cost Plus World Market and has worked on the retail side of the Wine and Spirits business in Southern California for more than 25 years. Shawn is a Certified Sommelier and a Certified Specialist of Spirits.

Mondays: 10:00 pm – 12:00 am ET

SIX Weeks: March 17 - April 28

(No class March 31)



The majority of us do 90% of our research online. Fortunately for us, thousands of digitized documents are being uploaded daily. The problem can be finding them. This presentation is geared to provide you with suggestions on how to make the most of your online research. Also discussed are tips on how the internet can make you a better genealogist.

Suzanne Young Brayer is an educator, historical researcher and avid genealogist. She graduated BA and MA in history and education from Arizona State University. She has taught genealogy classes and spoken to numerous groups throughout Arizona and the West. She is a lecturer, teacher and genealogist with over 30 years' experience.

1:30 - 3:00 pm ET Monday:

ONE Week: March 31 **Zoom** Only

Have you been yearning to know all about Japanese sake? Please join John Hornick, who holds several sake certifications and interned in the Daimon brewery near Osaka, Japan, to learn the types of premium sakes and what makes them "premium". In addition, you will learn how premium sake ingredients affect taste, aroma, and regionality. We will go over the three main brewing methods and how they affect taste, the importance of rice polishing ratio, and sake terms you need to know. A list of recommended sakes will be provided after you sign up. John will lead a tasting of any sakes purchased by the course participants (but no purchase is necessary).

John Hornick holds a Japanese Sake Advisor certification from the Sake School of America and a Level 2 Sake Professional certification from the Sake Education Council. He is a former intern at Daimon Shuzo, a sake brewery near Osaka, Japan, and a graduate of the L'Academie de Cuisine cooking school. John is also the founder, host and instructor of the ChefsApprentice YouTube channel https://www.youtube.com/watch?v=QpiS9ynaxvw, where, in addition to offering a free cooking course and a Japanese Faves cooking series, he offers several sake-related video lessons.

10:00 - 11:30 pm ET Tuesdays:

TWO Weeks: **April 15 & 22**





Arizona State University

Navigating Difficult Conversations: Practical Strategies in Empathy W61E

Led by Dr. Abbie Henson, Assistant Professor at ASU's Watts College, this course addresses the unique communication challenges that arise in today's diverse and fast-paced environments where misunderstandings can happen quickly. Participants will learn how to approach important conversations with empathy, understand different viewpoints, and improve their listening skills. Class will cover practical strategies for navigating difficult discussions, whether in personal relationships, community involvement, or other areas of life. We discuss these strategies especially in the context of intergenerational conversations and other challenging communication moments that are specifically relevant to older adults.

Abigail Henson is an assistant professor in the School of Criminology and Criminal Justice at Arizona State University. Her research focuses on issues of transformative justice, program evaluation, and the impact of the carceral state on identity, families, and communities. Her work strives to shift narratives around crime and safety by employing qualitative research methods and applying a critical gaze toward systemic injustices. In addition to her academic work, Dr. Henson also hosts the "Whatsjust presents Critical Conversations" podcast that features interviews with scholars and experts on a variety of topics related to justice, inequality, and social change.

Wednesdays: 1:30 - 3:00 pm ET

TWO Weeks: March 26 & April 2



Anti-Asian violence: A modern-day occurrence? Not at all. Fear, hatred, and racism toward the Chinese and Japanese began in the mid 1800'sculminating with the incarceration of over 125,000 Japanese at the beginning of WWII, two thirds of whom were US citizens. Join Denny Kato, a third generation Japanese American (Sansei) and former U.S. Army military intelligence, and discuss the how, when and why racism landed Americans in what is more accurately described as prison camps, and what we can do to countermand the effect of anti-Asian violence and racism in America today. With the continuing immigration and border crisis, we will see how the incarceration of the Japanese in WWII can repeat itself today and why we should be ever vigilant that this never happens again.

Born and raised in Cincinnati, Ohio, **Denny Kato** is third generation Japanese American, or Sansei. He graduated from Walnut Hills High School, received a BA from the University of Cincinnati in 1971, and served in the US Army as a 1LT in military intelligence. After retirement from restaurant management, what started out for Denny as curiosity about his family history, grew into thoroughly researching how people of Japanese descent were forced from their homes during World War II and placed in internment camps. Like the fifteen members of his family wh

Wednesdays: 1:30 - 3:00 pm ET TWO Weeks: **April 16 & 23**

IZOOM Only

In his legendary career as a director, Alfred Hitchcock created dense, suspenseful films filled with flawed heroes, charming villains and moral ambiguity. In this four-week online course, we'll consider some of Hitchcock's very best films, focusing on two films each week that share a common theme. Students should watch the films on their own; in class, we'll look at brief film clips and discuss key elements. Whether you've enjoyed Hitchcock films for many years or just discovered them, this is a chance to go deeper into the mind of a brilliant, complicated man and the surprising, confounding, entertaining world he created on film.

Jay Sherwin is a writer and consultant who has been watching, studying and enjoying Hitchcock films for decades. He created a walking tour of Alfred Hitchcock's San Francisco that attracts Hitchcock fans from around the world, and he loves to share his Hitchcock obsession with fellow film lovers everywhere. He has taught this online course for OLLI programs nationwide.

Thursdays: 3:00 - 4:30 pm ET **FOUR** Weeks: February 6 - 27

zoom Only



The Best Rock Songs of All Time.......W64E

Put some music fans in the same room and sooner or later, they will ask each other 'what's your favorite song?' If we talk about Rock fans, there will be some choosing Smoke on the Water, others Bohemian Rhapsody, some Stairway to Heaven and many will have other choices. With audiovisuals, stories and anecdotes, let's discuss what makes these songs great, the context when they became classics, the songwriters, the performers, their cultural significance and if they will keep resonating across time. From the 50s until today, there's plenty of great music to talk about and let's build our own top 100.

Emanuel Abramovits is a cultural manager and concert promoter based in Florida, with 25 years of professional experience organizing concerts by international artists in the US and South America. He served as the Cultural Director at UNION ISRAELITA DE CARACAS for eleven years and has been teaching/lecturing for many institutions for four years.

5:00 - 6:30 pm ET Thursdays:

TWO Weeks: February 13 & 20



By Hook or By Crook: True Stories of Disabled Pirates...... W65E

Everyone has heard about Captain Hook and Long John Silver, but what happened when a real pirate lost a limb at sea? Join Dr. Manushag Powell, Professor and Chair of the ASU English Department, and learn about maritime prosthetics for real Golden Age sailors, the relationship of able seamen towards the disabled, and whether Lord Nelson wore an eyepatch. Pirates may have been remorseless criminals, but they were also forward thinking in that they offered accidental death and dismemberment insurance to their brethren. Come for stories about life at sea and the perils of battle, scurvy, and alcoholism—and what they can teach us about today's attitudes toward disability.

Manushag "Nush" Powell, a literary historian and public scholar most recently at Purdue University, is a professor and chair of the Department of English. Powell studies 18th-century British literature and culture, including publishing, women's periodicals and piracy narratives. She is author or editor of four books and of the Wondrium "The Real History of Pirates" course. Her essay on pirates and hook prosthetics recently appeared in the Digital Defoe journal.

1:30 – 3:00 pm ET Thursdays: **TWO** Weeks:

April 17 & 24



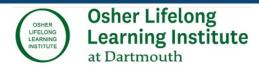
Gun Wars: History & Policy of Gun Control & Gun Violence in America...... W66E

This set of three lectures examines America's relationship with guns and gun violence from colonial times to the present with special focus on the emergence of a uniquely American gun culture, a powerful gun lobby, and the social and political challenges states, communities and lawmakers have faced over time. We will also look at how gun technology and gun accessibility have emerged as deeply polarizing issues in 21st century America. The course will also look at the issues of crime statistics and gun control using international comparisons as points of reference.

Jared Day, PhD, received his doctorate in History from Carnegie Mellon University in 1995. He has taught US and World History classes there for 16 years. He currently teaches at Three Rivers Community College in Norwich, CT and has taught for the Osher Program at University of Pittsburgh since 2008.

Fridays: 3:00 - 4:30 pm ET THREE Weeks: January 17 - 31

Zoom Only



Science & Technology: Horn of Plenty or Snake in the Grass?

Homo sapiens is the only life-form on planet Earth capable of developing a deep understanding of nature, matter, the cosmos, and the universe. Science is the process of gaining that knowledge and finding evidence of how everything works. The roots of natural science can be traced back to ancient civilizations. There's evidence of early observations of the natural world in places like Mesopotamia, Egypt, and Greece as far back as 3000 BCE. These civilizations observed the stars, developed medicine, and invented mathematics, laying the groundwork for what would become natural science. It is the scientific method that enabled us to find objective ways to understand nature and to weed out mistakes that were made on our journey of discovery. We are living in a time when facts are replaced by "alternative reality," amplified through the new media. In this course, through lecture and discussions, we will see how science can give us an objective worldview versus one based on myth, opinion, and misinformation. We also will examine the role that politics plays in making science the Horn of Plenty or the Snake in the Grass. Enrollment Limit: 5

Jürgen Ewert grew up in a small village near the Baltic Sea in East Germany. After finishing school, he studied electrical engineering at the Technical University of Ilmenau, then worked as a design engineer at a large company in East Berlin, where he joined the Academy of Science in 1985. He had an opportunity to travel to the United States in August 1989, shortly before the Berlin wall fell that November. Jürgen lives in Woodstock, Vermont.

12:30 - 2:30 pm ET Mondays:

EIGHT Weeks: January 6 – February 24





Jeannie will talk about her trip to Russia with Patch Adams and share some valuable hospital clown techniques that YOU can use in your life. After Hurricane Katrina, she clowned for 1100 people at the George R. Brown Convention Center in Houston. She will share some heart-felt stories of interactions with children in the hospitals and in Houston. Three pearls from her book, The Art & Joy of Hospital Clowning Training Program, which sold in 23 countries, will highlight the talk. **Enrollment Limit: 10**

Jeannie Lindheim has taught acting, movement, improvisation, auditioning, and creativity for over 30 years at many educational institutions, including Boston College, The Boston Conservatory, Antioch College, and more. In 1996, she traveled to Russia with Patch Adams. Upon her return, she founded the Hearts and Noses Hospital Clown Troupe. Jeannie wrote The Art & Joy of Hospital Clowning Training Program, which sold in 23 countries and has wonderful reviews on Amazon. https://hospitalclowntraining.com/

12:30 – 1:30 pm ET Monday: **ONE** Week:

January 27



Diverse Minds: What We Know and Don't Know About Psychiatric Disorders and Dementias.....W69E

This course explores the diversity of the human brain, offering a comprehensive introduction to the complex interactions between brain structure, function, and behavior. The goal is to focus on a broad spectrum of psychiatric conditions (such as depression, anxiety, schizophrenia, and bipolar disorder) alongside neurodegenerative diseases like Alzheimer's. The course will dive into what modern neuroscience and psychiatry have uncovered about these conditions, as well as the gaps that remain in our understanding. Given this diversity of topics, we expect this to be a multiple-part series. This course will consist of discussions between the Study Leader and participants. Enrollment Limit: 5

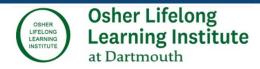
Clara Sava-Segal is a PhD student at Dartmouth College and has been working at the intersection of neuroscience and psychology research for the last seven years. One of the questions that her research explores is how and why we reach variable interpretations (or memories!) of the same experiences.

Tuesdays: 5:00 - 7:00 pm ET

FIVE Weeks:

January 7 – February 4

ZOOM Only OREC,



Hollywood's interpretation of the Little Bighorn battle has evolved over the years, reflecting changes in attitudes toward Native Americans, westward expansion, and the legends of its participants. Through the use of popular movie clips, this course will examine how Hollywood has presented the battle over time and how these presentations mirrored changes in the public's perception and the writing of American history. Particular attention will be paid to Hollywood's treatment of the battle's most famous combatant, George Armstrong Custer. Enrollment Limit: 7

L. Jon Grogan has a BA in Political Science from Tufts University, an MA in Public History from the University of San Diego, and a PhD in American History (with a minor concentration in African colonial history) from Loyola University, Chicago. He is also a retired U.S. Marine Corps officer who has served in various command and staff assignments in the United States and overseas. His Osher portfolio includes classes on various topics in American, African, and military history.

Tuesdays:

FIVE Weeks:

9:00 – 11:00 am ET

January 14 - February 11



Taking Life Seriously: Aristotle's Nicomachean Ethics.....

We will spend eight sessions doing an accessible reading of Aristotle's Nicomachean Ethics, one of the central philosophical works attempting to make sense of the question, "What is a good life?" We will also examine some critical commentary on Aristotle (week 7—Kant) and some more modern thinkers who follow the general Aristotelean approach (week 8) Aristotle posits a concept called "the good" and states that it is somehow the goal of human life. We will explore this and see if we can make any sense of what on its face seems a preposterous claim—that there is a single "good" for humans, and that, in some sense, the good could be attainable. You don't need any background in philosophy or Greek or anything else to participate, but you do need to be willing to read pretty closely and think along with Aristotle. There isn't any "handy dandy" answer to be gleaned from this work, nothing you can put on a 3" x 5" card. But Aristotle's Ethics is among the most important Western efforts at addressing the question. As an optional exercise, we will be referring to Sparshott's Taking Life Seriously, a leading commentary on Aristotle's work. Required Text: Aristotle's Nichomachean Ethics - Aristotle (ISBN-13: 978-0226026756) Optional Texts: Routledge Philosophy GuideBook to Aristotle on Ethics (Routledge Philosophy GuideBooks) 1st Edition -Gerard Hughes (ISBN-13: 978-0415221870). Taking Life Seriously - Francis Edward Sparshott (ISBN-13: 978-0802071798).

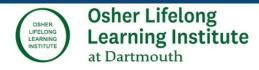
Joseph Ronan is a practicing lawyer with an office in Norwich, and has law degrees from NYU Law School, a BA in philosophy from Haverford College, and an MA in English from Rutgers. He views Aristotle as one of the most challenging thinkers available to us, and is happy to engage with people who are interested in Aristotle's thought.

10:00 am – 12:00 pm ET Tuesdays:

Zoom Only • REC,



Enrollment Limit: 5



New Hampshire in Literature, Art, and Music......W72E

New Hampshire's identity is deeply rooted in the love for and interdependence between the people and the land. Literature, art, and music both reflect and influence the state's cultural beliefs, values, and norms. Meet the writers, musicians, and artists who drew inspiration from locations such as the vibrant Portsmouth waterfront and lonely Isle of Shoals, the soaring White Mountains and their snow-fed rivers, isolated lumber camps in the Great North Woods, and the sooty mills of Manchester. Art colonies such as the famed MacDowell and Cornish colonies created community and provided support. Three New Hampshire Humanities scholars will present the literary, artistic, and musical history of the Granite State and ask class participants to share their own favorites. Enrollment Limit: 7

Mary Kronenwetter is the author of the New Hampshire-based historical fiction, Pauper Fiction. She holds a doctorate in education and has taught courses in language, academic and creative writing, and literature at colleges in the United States, China, and Japan. Mary has served in the education departments of historical museums including Historic Deerfield, The Fells, and Enfield Shaker Museum. Mary researches and lectures on New Hampshire history for NH Humanities and other organizations. Jane Oneail is the founder of Culturally Curious, an arts education consulting firm specializing in art appreciation programs. Oneail holds a Master's in Art History from Boston University and a master's in Education from Harvard University. Born and raised in NH, she has worked at some of the state's most esteemed cultural institutions. She has served as executive director at the League of NH Craftsmen and senior educator at the Currier Museum. Jane teaches at a number of NH colleges and is a NH Humanities presenter. **Jeff Warner** connects 21st century audiences with the music and lives of 19th century people. Songs are accompanied on concertina, banjo, guitar, and pocket instruments. Jeff is a Folklorist and Community Scholar for the NH State Council on the Arts and a former State Arts Council Fellow. He has toured nationally for the Smithsonian Institution and has produced a number of albums. Jeff is a founder of the Portsmouth Maritime Folk Festival and offers musical heritage programs through NH Humanities.

3:00 - 5:00 pm ET Wednesdays:

THREE Weeks: January 22 - February 5





Against Type: Ageism in Today's WorldW73E

Ageism is the often subtle, lifelong mindset that advancing age brings only limitations and deficits. It is the one societal challenge that exacerbates all other prejudices against race, creed, ethnicity, sexuality, and socioeconomic status. Given one or more of these other variables, it may be manifest in different ways. Nonetheless, ageism and its negative beliefs contribute greatly to seniors' poor health and diminished contributions to the greater good. How well do we understand the subtle forces of ageism? Often dressed in humor and generally accepted caricature, ageism is a destructive force affecting us all. Many unwittingly buy into the language and societal messaging that robs us of the vast resources and quality contributions that seniors may offer themselves and others. In this workshop, we will explore a number of ways ageism affects our interactions with family, friends, and larger communities. We will also examine the impact of internalized ageism that impedes our own understanding of our skills and capacities. Finally, we will consider ways that we can change our language, understandings, and behaviors, and how we can support this process for others. Optional Text: Breaking the Age Code: How Your Beliefs About Aging Determine How Long and Well You Live - Dr. Becca Levy (ISBN-13: 978-0063053175).

Enrollment Limit: 7

Hugh Willard is a therapist, writer, and musician. Currently in North Carolina, he intends to move to Northern New England with his partner next summer. He has taught numerous OLLI courses at N.C. State, Georgia, and Duke University. He is the author of Finding Beauty in the Gray: Stories and Verse From the Third Age, and also has a companion podcast titled Aging Well: Finding Beauty in the Gray. Hugh is currently finishing his MFA in Creative Writing at Bay Path University.

Fridays: 10:00 am - 12:00 pm ET

THREE Weeks: January 17 - 31







Al Update, Spring 2025W74E

This study group follows ongoing developments in AI, picking up where we left off in Summer 2024. Note: Daylight Savings Time begins on March 9, 2025. After that date, this class will begin at 2:00 pm.

Elena Berman has a PhD in Linguistics and has been interested in artificial intelligence since she was a graduate student. She's broadly familiar with the topic and has been closely following recent developments in machine learning and communication.

1:00 – 2:30 pm ET Mondays: THREE Weeks:

March 3 - 17





Alfred Hitchcock was always fascinated with voyeurism and the interplay between voyeurism, filmmaking, and film watching. In this two-week online course, a follow-up to last year's popular "Best of Hitchcock" course, we'll consider four of Hitchcock's best films and explore his obsession with people watching other people. Students should watch the films on their own; in class, we'll look at brief film clips and discuss key themes. Expect another lively trip into the mind of a brilliant, complicated man and the strange, disturbing world he created on film.

(If you didn't attend Part 1, no worries! That's not required for this course.)

Jay Sherwin is a writer and consultant who has been watching, studying and enjoying Hitchcock films for decades. He created a walking tour of Alfred Hitchcock's San Francisco that attracts Hitchcock fans from around the world, and he teaches courses on Hitchcock for OLLI programs nationwide.

4:00 – 5:30 pm ET Mondays: **TWO** Weeks: March 10 & 17

ZOOM Only

Mechanisms of Gene Expression......W76E

The course will focus on DNA. We will discuss how DNA is structured, replicated, error corrected, transcribed, and translated. More specifically, we will discuss how information is stored in the sequence of the DNA and how memories are retrieved. The DNA sequence can tell us about inheritance, genetic traits, and genetic disease. The DNA sequence can also tell us who our ancestors mated with, where ethnic groups of people originated from, and where ethnic groups migrated. Environmental DNA analysis can tell us about mass genetic surveillance of plants, animals, and humans. Lastly, we will also discuss how genetic traits and diseases can be changed or corrected by gene editing. A background in the biological sciences is advantageous, but not required.

Note: Daylight Savings Time begins on March 9, 2025. After that date, this class will begin at 12:00 pm.

It has been 12 years since Dr. Mark Stinski, Ph.D., retired and became an Emeritus Professor in the Department of Microbiology and Immunology at The University of Iowa. Dr. Stinski taught virology and molecular biology to undergraduate, graduate, and professional students. Dr. Stinski is a Fellow of the American Association for the Advancement of Science and a University of Iowa Distinguished Alumni. Dr. Stinski has been a member of Olli for 18 years and has taught courses in microbiology, virology, and genetics.

11:00 am - 12:30 pm ET Tuesdays: **SEVEN** Weeks: January 28 - March 11

Zoom Only •REC.



Pharaohs of Ancient Egypt

This four-week series will explore the lives and legacies of Ancient Egypt's most remarkable pharaohs. From the unification of Egypt under Narmer to the grandeur of Ramses II, participants will delve into the pivotal moments that shaped Ancient Egypt's political, religious, and cultural landscapes. Each session will focus on the reigns of rulers such as Hatshepsut, Akhenaten, and Ramses II, offering insights into their enduring influence on world history. Join me to uncover the stories behind Egypt's most powerful leaders and the lasting impact of their reigns.

Nicola Richmond is the Vice Chancellor of Strategy, Analytics and Research at Pima Community College. She oversees strategic planning, institutional and operational effectiveness, federal and state reporting and ad hoc reporting at the institution. She has an extensive data analysis and research background that most recently focuses on higher education, but her experience also includes the analysis of magnetometer data for the moon and Mars, and the application of cellular automata models to coastal environments. She has a Ph.D. in Geology from University College London. Her doctoral research focused on the incorporation of aluminum and iron into deep Earth magnesium silicate minerals using numerical modeling approaches from quantum mechanics and solid state physics. Nic has a strong interest in cross-disciplinary research approaches, taking techniques from the sciences and bringing them to higher education research.

5:00 - 6:30 pm ET Tuesdays:

FOUR Weeks: January 28 – February 18





Terrorist Organizations in the Middle East

Did Middle Eastern terrorism start with the 9/11 attack, or did it start in 1972 with the Munich Olympic attack? Was Al-gaeda a passing phenomenon? Did the US succeed in 'degrading and destroying' ISIS? Was Hamas October 7 attack to be expected? Did killing Ben Laden and Al-Baghdadi put an end to future terrorism from the Middle East? These and many other questions will be examined by exploring the causes, the circumstances and the major factors in play now and then.

Note: Daylight Savings Time begins on March 9, 2025. After that date, this class will begin at 2:00 pm.

Born and raised in Lebanon (18 different religious and ethnic legally recognized communities), Samih Baalbaki retired as a lawyer after spending his last 17 years based in Dubai and traveling extensively on professional assignments to over 20 Muslim countries in the Middle East, North Africa and southeast Asia. For the last 8 years, with OLLI at CCU as well as other educational institutions, Samih has taught courses on Islam, Middle Eastern politics and current affairs. Samih is a native Arabic speaker. Passionate about teaching, Samih has taught two weekly Zoom classes throughout the Covid-19 confinement.

Tuesdays: 1:00 - 2:30 pm ET

EIGHT Weeks:

Zoom Only • REC.



January 28 - March 18



Chen Village Tai Chi

No previous Tai Chi experience is necessary. All the movements are slow and gentle, and no martial arts applications will be taught or practiced in this study group. These methods may help lessen body pain, correct spinal misalignment, cultivate a sense of internal energy, and rest the mind. Participants can wear comfortable roomy or stretchy clothing and some soft tai chi shoes or socks to wear on their feet.

Randall Krause served many years as an attorney and conflict resolution facilitator. Later, he studied counseling and received a M.A. in interdisciplinary consciousness studies with an emphasis in holistic health counseling, was certified and served as a personal coach and mentor. He studied Effective Communication intensively and also studied The Gremlin Taming Method for more than 10 years. In addition, Randall is a senior mentor and teacher in the Himalayan yoga meditation tradition and is registered with Yoga Alliance (YA) as an Experienced Yoga Teacher and a Continuing Yoga Education Provider.

Wednesdays: 1:00 - 2:30 pm ET

SIX Weeks: January 29 – March 5 Zoom Only Sec.

The course will cover events in the 1920's leading up to the start of The Great Depression, including ominous parallels between the 1920's and the 2020's. We will discuss political and economic conditions during the 1930's and the early years of WWII with detailed examination of the lives of a diverse group of Americans who provided first-hand accounts of their lives during this tumultuous period of American life. There will be a discussion of lessons learned with questions and comments solicited.

Ed Linz, a 1965 graduate of the U.S. Naval Academy, is the author of five books, including recent works on The Great Depression and the Vietnam War. He was the Commanding Officer of a Ballistic Missile submarine and holds advanced degrees from Oxford University and George Mason University. He lives in Maine and Virginia and is the grateful recipient of a heart transplant in 1994.

Wednesdays: 1:00 – 2:30 pm ET

TWO Weeks: January 29 - February 5 Zoom Only • REC,



Celebrating the Musical Connections Between Travel, Adventure, and Romance W81E

Join us for an 8-week musical odyssey that not only celebrates the profound ability of music to whisk us away on global adventures without leaving our seats, but also delves into the rich history of various modes of transportation such as planes, trains, boats, automobiles, and more. Explore timeless classics with over 100 tracks and videos from "Bing to Beyoncé" spanning the Great American Songbook (including Broadway, Film, Jazz, and Standards), Rock, Folk, Country, Soul (including R&B and Motown), and Hip Hop. From literal travels to metaphorical journeys, this series promises to inspire, educate, and entertain, leaving you with lasting tunes of travel, adventure, and romance. Each session offers a dual exploration: uncovering the stories behind these tracks and providing an historical overview of how our fascination and love of travel is so intricately connected with music. Note: Daylight Savings Time begins on March 9, 2025. After that date, this class will begin at 3:00 pm.

Michael Agron returns to our OLLI for his sixth seminar series. He grew up in LA, the heart of the recording & entertainment industry. He loved music so much he wanted to become a recording engineer. Fate had different plans, and he ended up with a successful career in hi-tech, including founding a webinar marketing agency. He has been fortunate enough to fulfill his musical and entertainment passions by offering his varied and unique popular seminars fourteen times to members of the Sacramento Renaissance Society at Cal State University Sacramento and to numerous OLLI organizations across the country.

2:00 - 3:30 pm ET Thursdays: **EIGHT** Weeks: January 30 - March 20 Zoom Only REC.



Judicial Supremacy and the Supreme Court......

In 1803 the appointed US Supreme Court justices claimed the power to make judgements binding elected officials based on judicial review, and their authority to apply constitutional mandates as the supreme law of the land. The current challenges to judicial activist policy making by the court and proposed reforms are only the latest of many such power struggles between the court, Congress, the President and the states. University of Cincinnati Professor emeritus Howard Tolley will provide a historical overview of how those struggles have evolved as the balance of power has shifted.

Prior to retirement in 2011, Howard Tolley served as a Professor of Political Science and Adjunct Professor of Law at the University of Cincinnati where for 27 years he taught undergraduate and graduate public law courses on the U.S. legal system, Supreme Court, civil liberties, and international human rights. As a professional neutral, he also served as a labor law fact finder and arbitrator. He offers Supreme Court classes for OLLI in Ohio, Florida, Oklahoma, and Arizona where he spends the winter.

Thursdays: 5:00 – 6:30 pm ET THREE Weeks: February 6 - 20





Astronomy/Geosciences......

Our exploration of the Earth, Solar System, and Universe continues. This semester we will continue our feature 'Navigating the Night Sky' using the 21 brightest stars, with an in-depth look at the constellations where they are located. We will look at various types of Supernovae, and also analyze Gamma Ray Bursts. In Geosciences we examine Sand Dunes, on Earth and across our Solar System. As always, we will discuss on-going discoveries in Astronomy, Planetary Sciences, and Earth Sciences. Information will be conveyed using short videos, awesome photos, understandable/fun graphics, and class discussions. We will have several guest speakers from the University of Arizona's Astronomy, Planetary Sciences, and Geosciences Departments. Science Fiction Theatre continues, with short clips highlighting a century of Sci Fi movies and TV shows. And of course there will be 'Geo-feature of the Week', 'What's for Launch?', and 'Books of the Week.' Please join us for this continuing journey of discovery and adventure. Being in an earlier Astronomy/Geosciences class is neither a prerequisite nor necessary to understand and enjoy this class.

Note: Daylight Savings Time begins on March 9, 2025. After that date, this class will begin at 4:00 pm.

Guy Jette retired from the U.S. Air Force after 37 years working in Research and Development in both the aeronautical and space fields. He holds MBA and MS degrees, and is an Associate Fellow of the American Institute of Aeronautics and Astronautics. He has worked in astronomy outreach for the past ten years as a docent at Kitt Peak National Observatory. He has also been a frequent quest speaker at the University of Hawaii Institute for Astronomy on Maui.

Fridays: 3:00 - 4:30 pm ET **SIX** Weeks: February 7 – March 14 Zoom Only REC.



Directions for Auditing RIT Undergraduate Courses

As a Full-Year Osher member, you can audit eligible* RIT undergraduate courses. Here's how to do it:

- 1. If you don't already have an RIT University ID card and number (UID), instructions for requesting one are on the Osher Resources webpage (https://www.rit.edu/osher/resources). If you have ever been associated with RIT in any way (former staff/faculty, student, parent of a student, etc.) you likely already have a UID. Contact registrar@rit.edu to check before submitting a form. After you submit the UID request form, an Osher staff member will be notified by an automatically generated email and will approve the request. You will be notified via email when it's approved and can then get your student ID card on campus in Eastman Hall (Bldg. #1), between 9 am and 4 pm, Monday through Friday. Enter the main RIT entrance on Jefferson Rd., drive to the traffic circle and continue straight to the Information Booth for a parking pass and directions to the building (see map to Eastman Hall on the Osher Resources webpage).
- 2. Go to the Student Information System (SIS) webpage (https://www.rit.edu/infocenter/)to search for eligible* undergraduate courses you're interested in. Click Public Class Search > TigerCenter Class Search. There is not a printed RIT course catalog.
 - **a.** In the "Public Features" section, click on the orange Class Search button.
 - **b.** On the next page, make sure to choose the correct semester in the "Select a term box".
 - **c.** Type in a search term, e.g., Italian.
 - **d.** Click on "Advanced Search" and choose "**RIT Main**" as the **campus** (we have campuses in several countries, and those courses are not eligible to audit).
 - e. Click "Save Options".
 - **f.** Click the orange "Search" button.
 - **g.** Peruse the list of courses, and click on a course to view its details.
 - h. In the Enrollment Information section, check if there are any **Pre-Reqs** (pre-requisites) listed. If so you will need to contact the instructor and ask for permission to audit the course as an Osher member. The instructor's email can be found by clicking on their name in the Class Details section.
- **3.** Complete the **auditing form** on the Osher Resources webpage. You can apply to audit a maximum of two courses per semester until the end of the Add/Drop period. View the RIT academic calendar for Add/Drop dates: https://www.rit.edu/calendar.
- **4. Take a photo of, or scan, the form and email it to Osher staff** at osher@rit.edu. Or bring the hard copy to an Osher staff member. If requesting a course with pre-requisites, forward the email approval from the instructor to Osher staff also.
- 5. Osher staff will submit your auditing form to the Registrar's Office no earlier than **one week before the RIT semester begins**. View the RIT academic calendar for semester start/end dates: https://www.rit.edu/calendar Within that week you will receive an email from the Registrar that will say whether the auditing request has been approved.
- 6. In the meantime, the Osher Program Director will sponsor you for an RIT Computer Account (if you don't already have one). Your user name will be your first initial+last name+olli, e.g., rsmitholli so when you receive an email from the RIT Service Center with instructions on setting your Computer Account password at https://start.rit.edu, you will use the above naming convention for your user name. Once your RIT Computer Account is set up, you can use it to log in to SIS (https://www.rit.edu/infocenter/) to view the course(s) you're enrolled in and any tasks or forms you might need to complete as an auditor.
- 7. After your Computer Account is activated, a **MyCourses account** will also be activated within 8 hours (updates to MyCourses are made between 4-5am, 11am-12pm, and 4-5pm Eastern). This platform is what RIT instructors use to share course information and syllabi and communicate with the class participants. When you go to the MyCourses login page (https://mycourses.rit.edu/), click the "RIT Guest Login" button and then enter your RIT Computer Account user name and password to view your class information.
- **8.** RIT requires **multi-factor authentication** for most logins to its systems, so in order to access MyCourses, you will have to enroll in the university's multi-factor authentication (https://www.rit.edu/its/mfa/enroll).

^{*}NTID courses and courses that are full, have a waitlist, and/or have associated labs/studios are not eligible for auditing. Courses with pre-requisites require pre-approval from the instructor. Courses with interpreters vary per semester. Wellness courses require a fee.

Membership Purchase

Please fill in the information below and send to Osher Lifelong Learning Institute at RIT, 50 Fairwood Dr., Suite 100, Rochester, NY 14623

Memb	oership Type: 🗆] Full-Year (\$365)	Single-Term (\$1	65) 🗌 Co	nvert Sing	le-Term to F	ull (\$200)	Supporting (\$175)
Name:	last	first	preferred (r	ickname)	phone nu	umber		email
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physician							phor	ne number
	abide by the policie	s and procedures	of the Osher Life	elong Learn	ing Institu	ıte at RIT		d. r.
signature:								date
Payment	for Membership	or Renewal						
	·		VICA	□ Davi bi	/		O-l 1	NT\
	credit card (circle o	one) MasterCard	VISA		y cneck: (payable to	Osner at i	(II)
Would you	Osher's future u like to add a dona	tion amount to you	ur total? \$		Thank you	ı for your sı	upport!	
DONATIO	NS MADE BY CHE	CK MUST BE IN A	CHECK SEPARA	ATE FROM	YOUR ME	MBERSHIF	PAYMEN	IT.
person's n	ame as printed on	credit card		total payme	ent e	expiration c	late	3-digit security code (found on back of card)
				1 3				
signature								
		Co	ourse Re	gistra	tion			
course #	course title & i	n-person OR zo	om	course #	course	e title & ir	n-person	OR zoom

We'd like to know more about you. Please complete the Member Profile on the other side.

How Did You Hear about Us?

Radio	Advertisement	□Wo	rd of Mouth					
☐ Mailing	☐ Google or Other S	Search 🗌 Oth	ner:					
☐ Social Media	☐ Article or Blog Pos	st						
		_						
	Men	nber Pro	ofile					
We ask each member to provide us with information about him/herself. This information is kept strictly private and is used to help us meet your membership expectations (social events, special-interest groups, and committees). Please take a few minutes to provide us with this information.								
Please indicate your life expen	riences. (Check all that	t apply)						
Administration	☐ Homemaking	☐ Military		Volunt	eer Work			
Business	☐ Journalism	☐ Ministry		_ AED/C	CPR Trained			
☐ Education	Law	☐ Self-Emplo	yed [Other:				
☐ Engineering	☐ Marketing	☐ Science/Ma	athematics					
☐ Health Services/Social Work	☐ Medicine	☐ Technology	/					
Helping out at Osher Because w needed. Please check all areas in whi	ve are member-led, we ch you would consider	rely on active p volunteering.	participation to	run the	organization. Service is greatl	у		
Arts & Lectures	☐ Curriculum Planning	g 🗌 Marke	et Research/Su	urvey	☐ Pfaudler Lecture Series			
☐ Classroom A/V Support	Finance	☐ Memb	oer Relations		Social			
(Wizards)	☐ Fundraising	☐ New I	Member Recru	uitment	☐ Summer Seminar/Trip Se	eries		
☐ Course Leader	☐ Marketing	☐ Osher	Newsletter		☐ Technology/Computers			
Please indicate course areas tl	hat are of interest t	o you. (Ched	k all that appl	y)				
☐ Art ☐ Finance	ce Math/S	icience	☐ Social Scie	ences				
☐ Computers ☐ Geog			☐ Sports					
☐ Current Events ☐ Histor	_	phy	Writing					
☐ Drama ☐ Langu	<u></u>	•	Other:					
☐ Economics ☐ Litera								
_								
Do you have any ideas for cou indicate whether you would like to p						d		
FOR OFFICE USE ONLY								
☐ Entered into ProClass								
☐ Entered into Spreadsheet								
RECEIVED BY:								
DATE:								

Important to Note

Copyright Information – TEACH Act

The TEACH Act allows accredited, non-profit, educational institutions, such as RIT, greater access and educational use of copyrighted works, and extends fair use to online and distance learning education when certain requirements have been met by the institution.

- **A. TEACH Act**. Members of the RIT community may take advantage of the TEACH Act provisions to use copyrighted works in online and distance learning courses. The TEACH Act provisions would allow a non-profit educational institution, such as RIT, to use copyrighted works, without the express permission of the creator and without the payment of royalties and/or licensing fees, when all of the following are met:
 - 1. Copyrighted Works must be part of an online or distance learning course and not for entertainment, recreation, or cultural value. The faculty member must be able to show how the use of the copyrighted work contributes to the overall course study and syllabus. The course does not have to be a credit course, but must be one recognized by RIT and for which members of the RIT community must register.
 - 2. The use of the copyrighted work is limited to members of the RIT community that are enrolled in the online or distance learning course.
 - **3.** Access to the Copyrighted Work is limited, either by password or other protection device, to members of the RIT Community that are enrolled in the online or Distance learning course.
 - 4. The faculty member must provide to the members of the RIT community that are enrolled in the online or distance learning course written notice of this RIT Copyright Policy and that some of the course materials may be protected by copyright law. A statement in the syllabus for the specific online or distance learning course shall be sufficient to meet this notice requirement.

Registration Information

Please make payments and/or register online for your courses using your Osher account at http://reg138.imperisoft.com/Osher/Login/Registration.aspx If you don't know your Osher account user name or password, please go to the Login Help webpage at http://reg138.imperisoft.com/Osher/LoginHelp/Registration.aspx and enter your email address to receive instructions on resetting your user name and password. Please allow up to 20 minutes for this email message to reach your inbox. If you would prefer to have a staff member make your credit card payment and/or register you, please email us at osher@rit.edu

Some courses require the purchase of books or materials.

Osher Lifelong Learning Institute at RIT reserves the right to cancel courses because of low registration, last-minute unavailability of course leaders, or other unavoidable circumstances. Members will be notified immediately of such cancellations so that they may select alternative course(s).

Refund Policy

In the case of the death or incapacitation of a Full-Year member, a pro rata portion of their annual membership fee is eligible to be refunded. The membership fee is otherwise generally nonrefundable. The Program Director, in consultation with the Chair of Council, may consider a refund request for other individual circumstances. For administrative purposes, all refund requests must be made in writing.

Masking

Masking is currently **optional** in the Osher building.