

This plan will help you consider what your priorities are in a study abroad experience. Use the resources, articles and videos to help you reflect on these goals.



Goal 1: Reflect on your lived experiences

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Describe a time in your life when you stepped out	of your comfort zone. What were some of the challenges?
What did you take away from that experience?	
What's something you've always been curious abo	out in the world?
Goal 2: Start dreaming about possibilities	
Take some time to think about your goals and intere	ests.
, -	
Question:	Answer:
What are three countries you would be most	1.

Question:	Answer:
What are three countries you would be most	1.
interested in traveling to?	2.
	3.
On a scale of 1 to 10 how immersed in the local	
culture of another country would you like to be?	
(1 = low immersion, 10=high immersion)	
What skills/knowledge would you like to gain as	
part of a study abroad experience?	
(ex. Learn how business is conducted on an	
international scale, learn problem solving skills)	
What are the three things you most want to get	1.
out of an international experience?	
	2.
(ex. Build confidence, learn another language)	
	3.

Goal #1 Resources:

- How do students sum up their study abroad experience? (video)
- Four Things to Ask Yourself Before Studying Abroad (article)
- <u>Setting Study Abroad Goals</u> (article)
- <u>Cultural Immersion</u> (article)
- Gaining Employable Skills Through Study Abroad (article)

Goal 3: Determine your priorities in choosing a program:

What three things are most important to you when choosing a study abroad program? (i.e. length of time, location, level of immersion, major specific coursework, funding/financial considerations, etc.)

1.	2.	3.

Goal #2 Resource:

• Things to Consider When Choosing a Program (article)

Reflect on any challenges you may encounter:	
Goal #3 Resources:	
• Academic Differences Abroad (article)	
Diversity Abroad (video)	
• Navigating Identity & Diversity Abroad (article)	
• LGBTQ Students Abroad (article)	
• Study Abroad for Disabled Students (article)	
Goal 5: Key questions - obstacles/anxieties	
dentify three obstacles/anxieties you have about s	studying abroad and strategies you could use to overcome the
Obstacle/Anxiety	Strategy
Ex. Worried about language barrier.	Ex. Download language app to start learning basic phrases.
1.	
2.	
	
3.	
3. Goal #4 Resources:	uer Them (article)
3. Goal #4 Resources: 10 Study Abroad Problems & How You Can Conqu	
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Goal #4 Resources: 10 Study Abroad Problems & How You Can Conque Goal 6: Consider how your study abroad ex Meet with your academic advisor to discuss study a Question to Ask Your Advisor: Where do I have the most flexibility in my degree requirements? Which requirements have to be taken on RIT campus, which could be taken at another school?	xperience will best fit into your degree program abroad timing and coursework. Answer:
Goal #4 Resources: 10 Study Abroad Problems & How You Can Conque Goal 6: Consider how your study abroad ex Meet with your academic advisor to discuss study a Question to Ask Your Advisor: Where do I have the most flexibility in my degree requirements? Which requirements have to be taken on RIT campus, which could be taken at another school? What term do you think I have the greatest	xperience will best fit into your degree program abroad timing and coursework. Answer:
Goal #4 Resources: 10 Study Abroad Problems & How You Can Conque Goal 6: Consider how your study abroad ex Meet with your academic advisor to discuss study a Question to Ask Your Advisor: Where do I have the most flexibility in my degree requirements? Which requirements have to be taken on RIT campus, which could be taken at another school?	xperience will best fit into your degree program abroad timing and coursework. Answer:

Goal #5 Resource:

• RIT Study Abroad & Your Major (website)

Goal 7: Identify study abroad programs that would be a good fit for you.

Identify at least three programs that would be a good fit for you based upon your priorities, type of coursework you are looking to take and timing.

Program Name/Provider	Country	Coursework
(ex. University College		(ex. major, minor, immersion, general
Dublin/CIEE)		electives)
1.		
2.		
3.		

Goal #6 Resources:

- Utilize your college's study abroad info sheet which will highlight some featured programs for your major
- Login to the Compass database to search programs

Goal 8: List at two study abroad scholarships you would be eligible to apply for

Scholarship Name	Application Deadline	Eligibility Requirements	
1.			
2.			

Goal #7 Resources:

- Featured scholarships for RIT students
- Scholarships & Fellowships search tool (enter "study abroad" in Name of Award box)

Goal 9: Final reflection